

SOUTH BENDIGO ATHLETIC CLUB INC.



CROSS COUNTRY SEASON

2022

www.southbendigoac.org.au

for Family, Fitness and Fun

HONOUR BOARD

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Frank	Waters	Graham	Pratt	1958-59	William Lafferty		Malcolm Atkinson
Frank	Waters	Graham	Pratt	1959-60	Doug Knowles		Colin Baxter
Frank	Waters	Terry	Brooks	1960-61	Peter Llewellyn		Charles Butcher
Frank	Waters	Terry	Brooks	1961-62	Peter Llewellyn		Charles Butcher
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Eric	Perkins	Len	Peterson	1963-64	Len Peterson	Terry	Brooks Snr
Eric	Perkins	Len	Peterson	1964-65	Len Peterson		
Eric	Perkins	Len	Peterson	1965-66	Len Peterson		
Allen	Stuchbery	Len	Peterson	1966-67	Len Peterson		
Jim	Smith	Peter	Huthnance	1967-68	Peter Huthnance	Ray	Stuchbery
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Vern	Curnow	Jim	Smith	1969-70	Ted Brereton		
Roy	Jones	Hazel	Pilcher	1970-71	Len Maher		Kenneth McElhinney
Terry	Brooks	Hazel	Pilcher	1971-72	Len Maher		William Spicer
Jim	Smith	Hazel	Pilcher	1972-73	Len Maher		Don Pilcher
John	Davies	Hazel	Pilcher	1973-74	Jim Smith		Bruce Petts
John	Davies	Hazel	Pilcher	1974-75	Jim Smith		Fred Thompson
John	Davies	Jean	Petts	1975-76	Jim Smith		Frank Barr
Fred	Thompson	Jean	Petts	1976-77	Jim Smith		Bruce Petts
Fred	Thompson	Jean	Petts	1977-78	Jim Smith		Frank Barr
Fred	Thompson	Robert	Seipolt	1978-79	Jim Smith		Frank Barr
Fred	Thompson	Robert	Seipolt	1979-80	Jim Smith		Frank Barr
Fred	Thompson	David	Simpson	1980-81	Jim Smith		David Simpson
Fred	Thompson	Brian	Hayes	1981-82	Dianne Seipolt		Robert Seipolt
Fred	Thompson	Brian	Mead	1982-83	Dianne Seipolt		Robert Seipolt
Fred	Thompson	Brian	Mead	1983-84	Dianne Seipolt		Robert Seipolt
Robert	Seipolt	Brian	Mead	1984-85	George Austen		Peter Barrett-Rob Scholes
Robert	Seipolt	Robyn	Powell	1985-86	George Austen		Robert Dixon
Robert	Dixon	Trevor	Nancarrow	1986-87			
Robert	Dixon	Norman	West	1987-88	Laurie Anderson	Greg	Hilson
Sharon	Barr	Norman	West	1988-89	Laurie Anderson	Greg	Hilson
Sharon	Barr	Norman	West	1989-90	Laurie Anderson	Greg	Hilson
Bertram	Crapper	Norman	West	1990-91	Laurie Anderson	Sharon	Barr
Bertram	Crapper	Norman	West	1991-92	Laurie Anderson	Sharon	Barr
Bertram	Crapper	Norman	West	1992-93	Laurie Anderson	Murray	Anderson
David	Purdon	Sandra	Giampietro	1993-94	Heather Fenwick	Greg	Hilson
David	Purdon	Sandra	Giampietro	1994-95	Heather Fenwick	Robert	Dixon
David	Purdon	Sandra	Giampietro	1995-96	Heather Fenwick	Robert	Dixon
David	Purdon	Sandra	Giampietro	1996-97	Robert Dixon	Peter	Barrett
David	Purdon	Sandra	Giampietro	1997-98	Robert Dixon	Peter	Barrett
David	Purdon	Sandra	Giampietro	1998-99	Robert Dixon	Peter	Barrett
David	Purdon	Sandra	Giampietro	1999-2000	None	Robert	Dixon
David	Purdon	Arthur	Curnick	2000-01	Greg Hilson	Luke	Paterson
David	Purdon	Arthur	Curnick	2001-02	Sandra Giampietro	Robert	De La Haye
David	Purdon	Sandra	Giampietro	2002-03	Brian Cornell	Robert	De La Haye
David	Purdon	Sandra	Giampietro	2003-04	Peter Barrett	None	
David	Purdon	Sandra	Giampietro	2004-05	Peter Barrett	None	
Greg	Hilson	Sandra	Giampietro	2005-06	Peter Barrett	Scott	Purdon
Greg	Hilson	Sandra	Giampietro	2006-07	Peter Barrett	Scott	Purdon
Greg	Hilson	Carol	Coad	2007-08	Peter Barrett	Neil	Britten
Greg	Hilson	Carol	Coad	2008-09	Peter Barrett	Amanda	Worthington
Greg	Hilson	Carol	Coad	2009-10	Annette Curtis	Amanda	Worthington
Greg	Hilson	Carol	Coad	2010-11	Annette Curtis	Amanda	Worthington
Leigh	Browell	Carol	Coad	2011-12	Annette Curtis	Greg	Hilson
Leigh	Browell	Carol	Coad	2012-13	Annette Curtis	Amanda	Worthington
Leigh	Browell	Carol	Coad	2013-14	Annette Curtis	Amanda	Worthington
Leigh	Browell	Nigel	Self	2014-15	Annette Curtis	Amanda	Worthington
Leigh	Browell	Nigel	Self	2015-16	Annette Curtis	Amanda	Worthington
Leigh	Browell	Nigel	Self	2016-17	Annette Curtis	Amanda	Worthington
Leigh	Browell	Nigel	Self	2017-18	Annette Curtis	Amanda	Worthington & Daniel Plowright
Peter	Curtis	Josh	Pickthall	2018-19	Annette Curtis	Leigh	Browell
Peter	Curtis	Anna	DeVrieze	2019-20	Annette Curtis	Leigh	Browell
Peter	Curtis	Anna	DeVrieze	2020-21	Annette Curtis	Leigh	Browell
Leigh	Browell	Anna	Mulquiny	2021-22	Annette Curtis	Kylie	Campbell
Jackie	Guillou	Anna	Mulquiny	2022-23	Annette Curtis	Maria	Bryce



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Mrs. Carol Coad	Mrs. Annette Curtis	Mr. Leigh Browell

2021-2022 EXECUTIVE COMMITTEE

PRESIDENT	-	JACKIE GUILLOU
VICE PRESIDENT	-	MARIA BRYCE & LEIGH BROWELL
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ASST. TREASURER	-	PETA DAWE
REGISTRAR	-	PETER BARRETT

CROSS COUNTRY ELECTED POSITIONS:

C/C Handicapper:	Peta Dawe	Assist. Handicapper :	Peter Curtis
Press Co-ordinator:	Michael Seymour	Uniform Co-ordinator:	Kylie Campbell

Runners that competed this season.

Lincoln Andrea	Sebastian Andrea	Evie Atkinson	Nicholas Atkinson	Olivia Attard
Andrew Audrey	Drake Barkla	Asher Bowe	Donna Bowe	Ned Bowe
Peyton Bish	Dave Box	Ivy Brennon	Matilda Brennon	Nathan Brennon
Leigh Browell	Kaitlyn Bryce	Steve Burleigh	Simone Butler	Charlotte Button
Caitlyn Campbell	Kylie Campbell	Chase Carter	Jason Carter	Ruby Carter
Siohanna Carter	Anthony Clark	Carol Coad	Sheridan Commons	Annette Curtis
Peter Curtis	Peta Dawe	Sal Ekamayke	Michelle Finch	Piper Finch
Tyler Finch	Charlie Fox	Thomas Fox	Taryn Furletti	Hunter Gill
Allie Guillou	Belle Guillou	Jackie Guillou	Sophie Hawken	Peter Hayes
Brendon Hillier	Greg Hilson	Jake Hilson	Kyle Hilson	Indy Jamrozik
John Justice	Dustin Ketterer	Jack Ketterer	Sarah Ketterer	Debbie Kirne
Kirsty Kum Too	Christine Leatham	Peter LeBusque	Isabella Lillie	Jonathon Maslunka
Rachel Maslunka	Gary Mahon	Thomas McArthur	Oliver Muggleton	Anna Mulquiny
Charles Nihill	Genevieve Nihill	Hugh Nihill	Leon Nihill	Loretta Nihill
Matt Nihill	Maurice Nihill	Simon Nihill	Brendon Niklesom	Eric Niklesom
Aaron Norton	Amaya O'Connell	Jennifer Payne	Rebecca Pethybridge	Daniel Plowright
James Plowright	Braxton Safstrom	Joan Self	Gracie Seipolt	Kirsty Seipolt
Jasper Seymour	Keenan Seymour	Michael Seymour	Bradie Sheldon	Bevan Smart
Henry Strang	Chelsea Tickell	Logan Tickell	Gemma Tuenna	
Charlie Worthington		Emma & Deanna		

CRUSOE RESERVOIR NO. 7 PARK – 2nd April 2022

40 Competitors
Ron Nancarrow Memorial Raffle
Winner: Peter Hayes

The Champions Supa IGA, South Bendigo Athletic Club held their first Cross- Country event for 2022,

40 competitors gathered at Crusoe Reservoir No.7 Park and competed across 5km, 3km, 800m or 1.5km Sealed Handicap events. It was great to see old faces as well as some new ones for the first run of the season. Presentations for the week's events will occur after club run 3.

Over the line order:

Reilly's Designer Appliances 5000m:

Daniel Plowright 19.01 (Fastest Time), Olivia Attard 20.39 (Fastest Female), Greg Hilson 21.12, Steve Burleigh 21.35, Jayson Carter 21.47, Anthony Clark 23.08, Kirsty Seipolt 26.33, Sal Ekamayke 26.59, Jackie Guillou 27.34, Leigh Browell DNF.

3T Fitness 3000m:

Tyler Fynch 11.50 (Fastest Time), Genevieve Nihill 11.53 (Fastest Female), Oliver Muggleton 12.50, Caitlin Campbell 13.17, Keenan Seymour 15.13, Simon Nihill 16.06, Chase Carter 17.07, Braxton Safstrom 17.10, Peter Hayes 18.25, Mick Seymour 18.47, Peta Dawe 18.54, Gracie Seipolt 21.25.

Curtis Family Under 10 800m:

Ivy Brennan 4.56 (fastest time), Nicholas Atkinson 5.31, Matilda Brennan 7.36.

Intersport Bicknells 1500m:

Daniel Plowright 5.31, Jayson Carter 6.02, Bevan Smart 6.18, Nathan Brennan 7.43, Peter Curtis 7.49, Ruby Carter 7.53, Braxton Safstrom 8.01, Kaitlyn Bryce 8.39, John Justice 8.42, Peta Dawe 8.52, Sihonna Carter 9.20, Sheridan Commons 10.03, Kylie Campbell 10.30, Gracie Seipolt 11.01, Annette Curtis 11.23.

THREE GENERATIONS





HAMELIN STREET, WHITE HILLS – 9TH APRIL 2022

(54 Competitors)

Easter Raffle Winners: Greg Hilson, John Justice, Kylie Campbell,
Peter Barrett, Peta Dawe, Peyton Bish

The Champions Supa IGA sponsored; South Bendigo Athletic Club held run 2 of the Cross-Country Season on Saturday the 9th of April. Running along the Bendigo Creek from Hamelin Street, White Hills, 54 athletes competed across the range of distances. The Creek path proved to be a quick course, with many athletes breaking their handicap times.

The next club run will be held on Saturday the 23rd of April at Golf Course Road, Epsom. Distances will be 6.5km, 3km, 1.5km and the Under 10's 800m. A reminder to all athletes that to be eligible for aggregate points/ place ribbons, memberships must be paid prior to the beginning of the first race on this day.

Reilly's Design Appliances 5km:

Anna Mulquiny 22.06, Steve Burleigh 20.26, Greg Hilson 19.39, Dave Box 21.49,
Brendon Hillier 24.41, Olivia Attard 19.55 (Fastest Female), Daniel Plowright 18.40 (F.T) Jackie
Guillou 26.59, Peter Curtis 26.03, Sal Ekamayke 26.17.

3T Fitness 3km:

Matt Nihill 15.31, Mick Seymour 16.46, Oliver Muggleton 11.50, Kirsty Kum Too 17.09, Loretta
Nihill 17.49, Caitlin Campbell 12.23, Simon Nihill 15.25, Maurice Nihill 11.38 (Equal Fastest
Time), Belle Guillou 12.26, Allie Guillou 12.23, Genevieve Nihill 11.38 (Equal fastest time), Jack
Ketterer 13.12, Sarah Ketterer 15.46, Debbie Kirne 14.20,
Peta Dawe 19.14, Carol Coad 17.29, Peter Hayes 18.21, Keenan Seymour 15.54,
Christine Leatham 20.22, Hugh Nihill 21.02.

Curtis Family 800m: Amaya O'Connell 4.09, Ned Bowe 3.32 (Fastest Time),
Ivy Brennan 4.27, Charlotte Button 4.55, Peyton Bish 3.55 (Fastest Female),
Drake Barkla 5.06.

Intersport Bicknell's 1500m: Belle Guillou 5.56, Allie Guillou 5.57, John Justice 7.57,
Ned Bowe 7.39, Kylie Campbell 10.05, Debbie Kirne 6.51, Kyle Hilson 6.49,
Caitlin Campbell 5.55 (Fastest Time), Bevan Smart 6.03, Daniel Plowright 5.28 (F.T.)
Peta Dawe 8.34, Dustin Ketterer 6.20, Thomas Fox 6.07, Charlie Fox 8.06,
Annette Curtis 10.53, Hunter Gill 7.24, Lincon Andrea 8.45, Sebastian Andrea 8.45.



GOLF COURSE RD. EPSOM – 23RD APRIL 2022

(45 Competitors)

Raffle Donor: Curtis Family

Raffle Winners: Drake Barkla, Curtis Family, Gracie Seipolt

The Champions Supa IGA, South Bendigo Athletic hosted run 3 of the Cross-Country Season on the 23rd of April. Held at Golf Course Rd in Epsom, the sunny conditions made for a nice warm run for the 45 Athletes out today. The next club run will be held on Saturday May 7th at Happy Jacks Reserve in Lockwood, Distances of 6km, 3km, 1.5km and 800m. Members are reminded that the Annual AGM will be held on Tuesday the 3rd of May, anyone interested in taking on a role is asked to attend, please contact Leigh Browell for more information.

Reilly's Design Appliances 6500m:

Debbie Kirne 32.40, Anthony Clark 30.26, Sophie Hawken 31.45, Brendon Hillier 33.03, Daniel Plowright 25.03 (Fastest Time), Anna Mulquiny 29.39 (Fastest Female), Kirsty Seipolt 35.13, Peter Curtis 35.23, Greg Hilson 27.47, Sal Ekamayke 37.08, Rebecca Pethybridge 37.32, Kristy Kum Too 41.34.

3T Fitness 3000m:

Peta Dawe 18.08, Peter LeBusque 12.09, Logan Tickell 9.11 (Fastest Time), Matt Nihill 15.28, Jennifer Payne 17.13, Simon Nihill 15.49, Genevieve Nihill 12.03 (F.F), Oliver Muggleton 12.17, Keenan Seymour 15.34, Carol Coad 17.42, Caitlin Campbell 13.17, Peter Hayes 18.55, Gracie Seipolt 21.32, Mick Seymour 18.04.

Curtis Family 800m:

Leo Nihill (Inv.) 4.34, Drake Barkla 4.43, Gemma Tuena 4.46 (Fastest Female), Ivy Brennan 5.24, Peter Curtis 8.26.

Intersport Bicknell 1500m:

Rachel Maslunka (Inv.) 7.47, Kylie Campbell 10.01, Daniel Plowright 5.27 (Fastest Time), Peta Dawe 8.35, John Justice 8.07, Caitlin Campbell 6.13 (Fastest Female), Bevan Smart 6.10, Jonathan Maslunka 7.19 (Inv.), Charlie Fox 8.21, Gracie Seipolt 10.29, Annette Curtis 11.21, Jasper Seymour 9.22, Hugh Nihill 10.25, Charles Nihill 14.24.

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A.V. JELLS PARK, 21ST MAY

Congratulations to the South members that competed today at Jells Park for the Bendigo Bats Team:

6km: [Archie Reid](#) 18:41 1st Division 1 Men, [Aaron Norton](#) 26:00, Debby Kirne 30:10

3km: [Logan Tickell](#) 9:30 1st u18 M, [Chelsea Tickell](#) 12:02, Taryn Furletti 12:07 2nd u20 W



“HAPPY JACKS” - LOCKWOOD SOUTH - 7TH MAY 2022

(30 Competitors)

Raffle Donor: Kristy Kum Too

Raffle Winner: Gracie Seipolt, Jasper Seymour, Peter Curtis

“Happy Jacks”- Lockwood South Champions Supa IGA presented the South Bendigo Athletics club cross country club run 4 “Happy Jacks”- Lockwood South recreation reserve on Saturday 7 May. Under threatening skies, 30 runners took to the course on a mixture of turf, scrubby tracks and gravel roads. Warm thanks to our sponsors for providing the prizes for the winners/ fastest athletes. The next club run (5) is on Saturday 21 May at Shadbolts reserve, Neilborough/Whipstick, with distances of 8km, 3km, 1.5km and 800m. Next Saturday (14 may) sees the running of the Glen Allen Memorial races at St. Annes vineyard, Big Hill.

Reillys’ Design Appliances 6km:

Kristy Kum Too 40.33, Sal Ekamayke 32.34, Simone Butler 34.13, Peter Curtis Jnr 33.08, Kirsty Seipolt 33.51, Brendon Hillier 31.27, Anna Mulquiny 27.08 (Fastest Female), Steve Burleigh 26.31, Greg Hilson 26.31, Daniel Plowright 23.18 (Fastest Time)

3T Fitness 3km:

Gracie Seipolt 21.46, Christine Leatham 22.34, Peter Hayes 20.31, Peta Dawe 18.32, Jennifer Payne 18.42, Simon Nihill 16.38, Keenan Seymour 15.37 (Fastest Male), Caitlin Campbell 14.35, Genevieve Nihill 12.39 (Fastest time)

Curtis Family 800m (U10s):

Drake Barkla 4.58 (Fastest time) Ivy Brennan (Fastest Female)

Intersport Bicknells 1.5km:

Annette Curtis 11.28, Gracie Seipolt 9.15, Kylie Campbell 9.54, Peta Dawe 8.30, Peyton Bish 8.07, John Justice 7.59, Jasper Seymour 8.29, Rachel Maslunka 7.16, Jonathan Maslunka 7.14, Leigh Browell 7.04, Caitlin Campbell 6.31 (Fastest Female), Steve Burleigh 5.56, Daniel Plowright 5.28 (Fastest time)

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GLEN ALLEN MEMORIAL, 14TH MAY 2022

(14 Club Competitors)

8km: Daniel Plowright Open Men 4th 33:16, Jake Hilson 5th 36:22
Aaron Norton 40+ Men 5th 37<10
Greg Hilson 50+ Men 5th 37:40
Olivia Attard Open Female 2nd 36.33

4km: Logan Tickell Under 16 Men 1st 14.24
Tarryn Furletti Inv. 1st 17.29, Steve Burleigh Inv. 3rd 18.26
Genevieve Nihill Under 16Female 1st 17.46
Chelsea Tickell Under 14 Girls 1st 18.08
Carol Coad 60+ Women 1st 27.32, Peta Dawe 2nd 28.08
2km: Thomas McArthur Inv. 1st 7.48, Kaitlyn Bryce Inv. 2nd 12.40



SHADBOLTS PICNIC GROUND, NEILBOROUGH – 21st MAY 2022

(40 Competitors)

Raffle Donor: Mick and Kennan Seymour

Raffle Winner: Allie Guillou, Payton Bish, Leigh Browell, John Justice

On Saturday 22nd May 2022, South Bendigo athletes headed out to Shadbolt's Picnic Ground at Neilborough for one of our Whipstick club runs. With absolutely fantastic weather conditions, runners tackled an altered course (to remove the difficult, rocky accent and decent) for an 8km, 3km, 1.5km and 800m for the juniors.

An enjoyable time was had by all, with some very impressive times. Some spirited sprinting to the line occurred in the 800m with a near photo finish for 2nd and 3rd between Ned Bowe and Drake Barkla (Invitational 1st went to Nicholas Atkinson)

The 1500m featured a spectacular effort by Greg Hilson who, after running a solid 8km, found some more in the tank to pip the field right at the end of the course. John Justice and Annette Curtis digging deep at the end for a stellar finish. Once again thanks to Champions IGA, Riley's Design Appliances, 3T Fitness, Intersport Bicknells and the Curtis family for providing sponsorship.

The Curtis Family under 10s 800m:

Nicholas Atkinson (inv) 5.28, Ned Bowe 3.43, Drake Barkla 4.34, Ivy Brennan 4.44

Intersport Bicknells 1500m:

Greg Hilson 5.26 (FT) Ned Bowe 7.33, Jonathan Maslunka 7.10, John Justice 8.02, Annette Curtis 11.04, Rachel Maslunka 7.20, Peta Dawe 8.37, Caitlin Campbell 6.12, Kylie Campbell 9.54, Allie Guillou 6.14, Bevan Smart 6.17, Belle Guillou 6.07 (FF), Leigh Browell 7.16, Peyton Bish 8.38, Charlie Worthington 9.33, Carol Coad 9.25, Gary Mahon 14.38.

The 3T Fitness 3km:

Simon Nihill 15.26, Peta Dawe 17.39, Tyler Fynch 11.41 (FT), Genevieve Nihill 11.43 (FF), Belle Guillou 12.39, Allie Guillou 12.35, Mick Seymour 16.41, Caitlin Campbell 12.48, Keenan Seymour 15.00, Kaitlyn Bryce 18.17, Leigh Browell 15.16

The Reilly's Design Appliances 8km:

Kristy Kum Too 45.48, Simone Butler 44.06, Peter Curtis Jnr 42.21, Brendon Hillier 39.45, Jake Hilson 32.50 (FT), Olivia Attard 33.13(FF), Jackie Guillou 45.31, Greg Hilson 34.19

AV XCR Rnd 2 – 28th MAY 2022. - St Anne's Wrap up

Fantastic day with live music and wine tastings for spectators in the beautiful surrounds of St Anne's Vineyard, Bendigo. SBAC was well represented in athletes and helpers.

A big thank you to helpers!: [Peter Barrett](#), [Carol Coad](#), [Peta Dawe](#), Stafford Kelly, [Kellie Doering](#), [Mick Seymour](#), Keenan Seymour, [Peter Hayes](#) & [Gary Mahon](#)

Over 700 athletes entered coming from all over Victoria. A big congratulations 🍊🍊 to ALL SBAC athletes

Logan Tickell, Chelsea Tickell, Genevieve Nihill, Thomas McArthur, Keenan Seymour, Archie Reid, [Anna Mulquiny](#), [Aaron Norton](#), [Greg Hilson](#), Chris Timewell and Debby Kirne.

CRUSOE RESERVOIR, KANGAROO FLAT – 11TH JUNE 2022

(43 Competitors)

Raffle Donor: Peta Dawe

Raffle Winners: Jackie Guillou, Greg Hilson, Curtis Family

Saturday 11th June the South Bendigo die, hard athletes headed out to Crusoe reservoir in extremely challenging cold and windy conditions. The picturesque course included two traverses of the dam wall and also a section on the lake perimeter walking trail (which provided a welcome break from the wind). The club and all the athletes once again extend our thanks to Champions Supa IGA and all of our sponsors, listed below. Highlights among others include a fine effort by Eric Niklesom and Gemma Turena in the 800m with Eric winning a voucher from Flavours ice, cream shop.

In the Reilly's designer appliances 6.5km Greg Hilson held off a challenge from Peter Curtis Jnr in the final 20m to take second place. (Peter may be recovering for a few days)

The 3T fitness 3km:

Thomas Mc Arthur, 10.58 (fastest Time), Keenan Seymour, 13.45 Leigh Browell, 14.24. Genevieve Nihill , 11.28 (fastest female), Oliver Muggleton , 11.58, Tyler Finch , 12.00, Maurice Nihill , 12.18, Belle Guillou , 12.39, Allie Guillou , 12.49, Caitlin Campbell , 13.01, Brendan Niklesom , 13.10, Simon Nihill , 15.46, Carol Coad , 17.38, Mick Seymour , 17.54, Peta Dawe , 18.33, Peter Hayes 19.16, Gracie Seipolt , 22.12.

The Reilly's Designer Appliances 6.5km:

Jake Hilson , 24.57 2. Greg Hilson , 26.32 3. Peter Curtis Jnr , 32.48 Daniel Plowright , 24.48 (Fastest Time), Brendan Hillier , 31.06, Sophie Hawken, 31.58 (fastest female), Kirsty Siepolt , 34.17, Simone Butler , 36.15, Jackie Gulliou , 36.59.

The Intersport Bicknells 1500m:

Peyton Bish , 8.11, Keenan Seymour, 6.33 3. Jonathon Maslunka, 7.08 Daniel Plowright, 5.44 (fastest Time), Caitlin Campbell , 6.15 (fastest female), Brendon Hillier 7.05, Rachel Maslunka , 7.23, Mick Seymour , 8.32, Loretta Nihill , 8.34, Peta Dawe 8.40, John Justice , 8.42, Charlie Worthington , 9.37, Gracie Siepolt , 10.19, Annette Curtis , 11.16, Gary Mahon , 14.47

The Curtis Family 800m:

Eric Niklesom , 5.49
2. Gemma Tuena , 5.16 (fastest time)





SEDGEWICK COMMUNITY HALL, 18TH JUNE 2022

(41 Competitors)

Raffle Donor: Guillou Family

Raffle Winners: Rachel Maslunka, Sophie Hawken, Sandy Giampietro

Sedgwick Community Hall Saturday 18 June was the date for South Bendigo Athletics club cross country club run 7 at the Sedgwick Community Hall. As is standard for that area, the course had a number of challenging hills, including a uphill finish which made for hard slog sprints to the line up away from the creek valley.

A close fought 6.5 km race saw a number of athletes over the line in very quick succession. The weather was kind to us, resulting in fantastic running conditions and a very pleasant atmosphere for our Soup and Sav lunch day. Thanks very much to all our volunteers who helped and made soup. Naturally, a big thank you to all our sponsors listed below as well as Champions Supa IGA. It's very nice to see so many people coming out to run with us, including many young kids.

3T fitness 3km:

1. Keenan Seymour – 14.12 2. Gracie Seipolt – 20.47 3. Genevieve Nihill – 11.49 (f. female).
Tyler Finch – 11.32 (fastest time), Belle Guillou – 12.45, Allie Guillou – 12.57,
Caitlin Campbell – 13.03, Sophie Hawken – 14.46, Mick Seymour – 17.28,
Carol Coad – 18.50, Peta Dawe – 18.51, Peter Hayes 19.27.

Reilly's Designer Appliances 6.5km:

1. Greg Hilson – 27.21 2. Daniel Plowright – 25.45 (fastest time) 3. Peter Curtis Jnr – 33.18.
Olivia Attard – 28.25 (fastest female), Brendan Hillier – 33.26, Simone Butler – 38.06,
Jackie Gulliou – 38.41.

Intersport Bicknells 1500m:

1. Peyton Bish – 7.43 2. Caitlin Campbell – 5.59 3. Belle Guillou – 5.52 (fastest female)
Daniel Plowright – 5.18 (fastest Time), Tyler Finch – 5.46, Bevan Smart – 5.59,
Allie Guillou – 6.06, Keenan Seymour – 6.37, Rachel Maslunka – 7.23, John Justice – 8.11,
Isabella Lillie – 8.12, Mick Seymour – 8.35, Peta Dawe 8.43, Charlie Worthington – 9.58, Gracie
Seipolt – 10.06, Kylie Campbell – 10.12, Annette Curtis – 11.14, Gary Mahon – 14.38.

Curtis Family 800m:

1. Nicholas Atkinson – 5.05 2. Gemma Tuena – 4.43 (fastest time) 3. Ivy Brennan – 5.19
Evie Atkinson – 10.34.



PEARCES ROAD, MANDURANG – 25TH JUNE 2022

(31 Competitors)

Raffle Donor: Carol Coad

Raffle Winners: Peta Dawe, Greg Hilson, Brendan Hillier

On Saturday 25th June we headed out to the infamous Pearces Rd at Mandurang for arguably the toughest circuit we race. The skies offered a little rain at the start line but that was short lived as the athletes attacked the steep and rocky terrain. A good battle was had at the end of the 8.5 km with Jackie and Peter in a dead heat. Same as every other week, we couldn't run the event without our volunteers and naming sponsors. Also, Champions Supa IGA help us as always.

3T fitness 4km:

1. Mick Seymour – 22.19 2. Kaitlyn Bryce – 25.08 3. Allie Guillou – 18.30.
Tyler Finch – 16.42 (fastest time), Oliver Muggleton – 17.55, Thomas McArthur – 18.01, Belle Guillou – 18.26 (fastest female), Caitlin Campbell – 20.01, Madison Bryce – 24.51, Carol Coad – 25.43, Peter Hayes 27.28.

Reilly's Designer Appliances 8.5km:

1. Jackie Guillou – 48.18 2. Simone Butler – 49.07 3. Daniel Plowright (fastest time) 33.20. Jake Hilson – 34.27, Greg Hilson – 37.10, Debbie Kirne – 43.28 (fastest female), Brendan Hillier – 44.48, Peter Curtis Jnr – 48.18,

Intersport Bicknells 1500m:

1. Ned Bowe – 7.18 1. Mick Seymour – 7.55 3. Jonathon Maslunka – 7.14
Daniel Plowright – 5.22 (fastest Time), Greg Hilson – 5.24, Bevan Smart – 6.11,
Rachel Maslunka – 7.23 (fastest female), Kyle Hilson – 7.41, Peyton Bish – 8.11,
John Justice – 8.50, Joan Self – 19, Annette Curtis – 11.10.

No Curtis Family 800m was run on the weekend.

Another Cross-Country season has come to an end.

This season running numbers were:	2022	(2019)	(2017)	(2016)
In the Under 10's	9	18	13	34
Short Distance	41	47	49	65
Middle Distance	27	50	37	52
Long Distance	21	25	18	22



NOTLEYS RESERVE, WHIPSTICK – 2ND JULY 2022

(42 Competitors)

Raffle Donor: Brendan Hillier

Raffle Winners: Thomas McArthur, Curtis Family, Jenny McArthur

Saturday 2nd July was sunny day with very cool breeze that took the South Bendigo runners out to Notley's Camping Ground in the Whipstick. It's an undulating course with a 1km uphill at the beginning. Back to the handicap start for both the 3 and 10km courses, meaning the faster runners had a slightly longer wait in the cool breeze, just to make an extra challenge.

Good results from the 3 and 10km runners with some improving on their times. The 1km downhill at the finish always welcome to help people finish strongly.

The 1500m proved to be a close finish again with Gary not wanting to many of the youngsters passing him. Again, we saw our short course runners improving their times. Gratitude is extended, as always to our kind sponsors, whom without, the races could not be run in the same fantastic environment.

Reillys Designer appliances 10km:

Greg Hilson – 40.57 2. Simone Butler – 55.33 (fastest female) 3. Aaron Norton – 42.44. Brendan Hillier 51.39, Peter Curtis Jnr 52.16, Daniel Plowright (fastest time) 40.06, Kirsty Seipolt 56.27 and Jackie Guillou 58.13.

3T Fitness 3km:

1. Michele Fynch – 15.10 2. Gracie Seipolt - 19.30 3. Peter Hayes – 18.14.
Leigh Browell 14.39, Sophie Hawken 14.10, Chelsie Tickell 11.57, Belle Guillou 12.49, Oliver Muggleton 11.58, Tyler Finch 11.43, Genevieve Nhill 11.55 (fastest female), Allie Guillou 13.10, Thomas McArthur 11.04 (fastest time), Peta Dawe 18.15, Christine Leatham 20.31 and Simon Nhill 15.49.

Intersport Bicknell 1500m:

1. Piper Fynch – 7.25 2. Leigh Browell – 6.47 3. Gary Mahon – 13.48 Tyler Fynch 5.36, Jonathon Maslunka 6.56, Daniel Plowright 5.25 (fastest Time), Annette Curtis 11.05, Allie Guillou 6.10, John Justice 8.05, Bevan Smart 6.01, Peta Dawe 8.38, Rachel Maslunka 7.25, Belle Guillou 6.02 (fastest female), Gracie Seipolt 9.27, Ned Bowe 7.29 Peyton Bish 7.56, Donna Bowe 9.51.

Under 10 Curtis Family: 1. Ivy Brennan – 7.06 2. Ned Bowe – 7.53



CRUSOE NO.7, KANGAROO FLAT – 9TH JULY 2022

(33 Competitors)

Raffle Donor: Christine Leatham

Raffle Winners: Carol Coad, Belinda Seymour, John Justice

The tenth club run for the season saw the club return to No.7 Reservoir, this time for a circuit race. A slight change to the route included a very steep pinch at the start which was as popular with athletes as the sun that continued to play hide and seek throughout the afternoon. Although the weather was fine, the constant shadows made it a little chilly. Numbers looked like being a little down at the start but climbed to around normal by race time. The circuit races always prove mentally challenging, but our athletes did a fantastic job.

Brendan Hillier put in a fantastic effort to win the Reilly's Designer Appliances 8 km as did Peta Dawe to take out the 3T Fitness 4km.

The little kids put in a great effort as usual in a longer than usual race.

Congratulations to all who pushed and succeeded on the challenging circuit. Our main sponsors including Champions Supa IGA are as always greatly appreciated as are the diligent timekeepers and raffle suppliers.

Reilly's Designer Appliances 8km:

Brendan Hillier – 39.39 2. Kirsty Seipolt – 44.21 3. Olivia Attard (fastest female) – 34.26. Daniel Plowright (fastest time) – 32.10, Simone Butler – 44.59, Jackie Guillou – 49.00, Greg Hilson – 36.19.

3T Fitness 4km:

Peta Dawe – 24.54 2. Gracie Seipolt – 28.03 3. Michelle Fynch – 20.47.
Sophie Hawken – 19.54 (fastest female), Carol Coad – 25.25, Caitlin Campbell – 20.25,
Tyler Finch – 18.53 (fastest time)

Intersport Bicknells 2km:

Kaitlyn Bryce – 11.09 2. Peta Dawe – 11.58 3. Jonathon Maslunka – 9.47
Rachel Maslunka – 10.16 (fastest female), Bradie Sheldon – 8.18,
Daniel Plowright – 7.39 (fastest Time), Piper Fynch – 10.23, Annette Curtis – 15.40,
John Justice – 11.39, Bevan Smart – 8.39, Greg Hilson – 7.51, Charlie Worthington – 14.18, Peyton Bish – 11.20, Gracie Seipolt – 14.12 Gary Mahon – 21.23.

Curtis Family Under 10 1km:

1. Gemma Tuena – 6.05 2. Ned Bowe – 4.53 3. Ivy Brennan – 6.09 Nicholas Atkinson – 6.55



CLUB RELAYS, BENDIGO REGIONAL ATHLETIC TRACK – 23RD JULY 2022

Raffle Donor: Club

Raffle Winners; Brendan Hillier, Maria Bryce, Piper Finch,
Mandy Worthington, Margaret Worthington

South Bendigo Athletic Club 2022 Club Relays Bendigo Regional Athletics Complex On Saturday the 23rd of July the runners descended on the Bendigo Athletics track for the South Bendigo Athletics Club annual relay event.

Rain in the morning mercifully cleared letting the running take place in cloudy conditions that were a little chilly but entirely tolerable.

The track mapped out by Peter Jnr and Greg kept athletes and spectators interested and provided a challenge. In the end, some fantastic results by well developed mixed teams made the day fun for all. Thanks to everyone for their efforts in challenging timing conditions and in the organisation of results. Thanks to the club and major sponsor Champions Supa IGA for providing the prizes for the race and raffle winners.

SBAC Club Relay:

1st Curtis Cruisers: 49.28 Annette Curtis – 11.20, Gemma Tuena – 4.43, Carol Coad – 7.52, Belle Guillou – 6.31 and Gracie Seipolt – 19.02.

2nd John's Jets: 49.44 John Justice – 8.05, Brendan Hillier – 13.57, Peta Dawe – 8.34, Kyle Hilson – 7.16 and Tyler Fynch – 11.52.

3rd Daniel's Devils: 49.46: Daniel Plowright – 11.19, Michelle Fynch – 15.03, Rachel Maslunka – 8.05, Christine Leatham – 9.02 and Levi Bowe – 6.17.

4th President's Panthers: 49.51 Jackie Guillou – 16.32, Caitlyn Campbell – 13.56, Allie Guillou – 6.16, Kaitlyn Bryce – 7.44 and Oliver Muggleton – 5.23.

5th Hilson's Hotrodders: 50.02 Greg Hilson – 12.01, Peter Curtis – 13.37, Charlie Worthington – 9.48, Jonathon Maslunka – 7.31 and Asher Bowe – 7.05.

6th Seymour's Sprinters: 50.54: Mick Seymour – 12.32, Kylie Campbell – 14.16, Aaron Norton – 12.10, and Kirsty Seipolt – 15.40.

7th Sophie's Spitfires: 51.14 Sophie Hawken – 14.00, Keenan Seymour – 7.43, Gary Mahon – 14.36, Piper Fynch – 3.35 and Thomas McArthur – 11.18.

SBAC Family Relay - Nominated Times 1. Allie and Belle Guillou – 5.34 (+0.02)

- Jonathon and Rachel Maslunka – 7.02 (+0.12)
3. Caitlyn Bryce and John Justice – 7.08 (+0.13)
Daniel and James Plowright – 6.31 (+0.18), Kirsty and Gracie Seipolt – 8.10 (+0.20), Kylie and Caitlyn Campbell – 7.38 (-0.22), Tyler and Piper Fynch – 6.30 (-0.30), Greg and Kyle Hilson – 5.31 (-0.34), Jackie Guillou and Peta Dawe – 7.46 (+0.36), Mick and Keenan Seymour – 7.05 (-0.55), Brendan Hillier and Christine Leatham – 6.38 (-1.52) and Emma and Deanna – 9.48 (-20.12).



Curtis' Cruisers



John's Jets



Daniel's Devils



President's Panthers

Hilson's Hotrodders



Seymour's Sprinters



Sophie's Spitfires

Family Relay Winners:
Allie and Belle Guillou





WOODVALE CLASSIC, WOODVALE RECREATION RESERVE

JULY 30TH 2022

(22 Club members)

Raffle Donor: Leigh Browell

Raffle Winners: Ivy Brennan, EiliyahDaneen, Tyler Finch

The brand-new facility at Woodvale recreation reserve hosted the South Bendigo Athletics club annual invitational event this past weekend. Runners from all over the area grouped together for a great event in almost perfect running conditions. The track being a mixture of single gravel, dirt/ gravel roads and a bit of bush running. Starting on the asphalt of Janaways Rd, athletes headed around the circuit for one or two laps, depending on distance. A difficult water/mud section was also seen, although no one came to grief. Thanks for everyone who came out to compete and all our volunteers who worked very hard to make it a success. Champions Supa IGA being our usual major sponsor making it possible to run the day.

6500 M Overall winners - Male: Glen McMillan Female: Vicki Bayliss

Name	Club	Age Group	Time	Overall Place	Category Place
Glenn McMillan	Uni	Open Men	22.58	1	1
Jackson Eadon	BHarriers	Open Men	23.14	2	2
Andrew Creer	Uni	Open Men	24.02	3	3
Floyd Cartner	Uni	Open Men	24.15	4	4
Daniel Plowright	SBE	Open Men	24.34	5	5
Luke Matthews	BHarriers	40+ Male	24.48	6	1
Darren Hartland	Uni	40+ Male	25.04	7	2
Ben Fitzpatrick	Eag	40+ Male	25.50	8	3
Greg Hilson	SBE	50+ Male	26.07	9	1
Jarrold Pyke	Eag	Open Men	26.41	10	6
Dylan Ferguson	Eag	Open Men	26.42	11	7
David Cripps	Uni	50+ Male	27.08	12	2
Mitch Fitzgerald		Inv Open Men	27.56	13	8
Ian Wellard	BHarriers	50+ Male	29.25	14	3
Ben McDermid	Uni	40+ Male	29.27	15	4
Vicki Bayliss	Uni	Open Female	29.31	16	1
Greg Carter	Uni	40+ Male	29.46	17	5
Anthony Byrne	Uni	40+ Male	30.28	18	6
James Harper	Uni	40+ Male	30.41	19	7
Damien Roberts	Uni	50+ Male	30.44	20	4
Suzie Pedrotti	Uni	40+ Female	30.52	21	1
Rick Ermel	BHarriers	60+ Male	31.06	22	1
Ruth Sandeman	BHarriers	50+ Female	31.12	23	1
Jayson Carter	Uni	Open Men	31.23	24	9
Peter Curtis	SBE	Open Men	31.49	25	10
Debby Kirne	SBE	50+ Female	31.54	26	2
Janet Hodnett	Uni	40+ Female	32.05	27	2
Kevin Shanahan	Eag	60+ Male	32.26	28	2
Alison Cartner	Uni	50+ Female	32.31	29	3
Leah Cripps	Uni	40+ Female	34.00	30	3
Gavin Fiedler	Uni	60+ Male	34.44	31	3
Justine Babitsch	Unattached	40+ Female	35.02	32	4
Wendy Stibbe	BHarriers	50+ Female	35.59	33	4
Jackie Guillou	SBE	50+ Female	36.08	34	5
Nadene McDonald	BHarriers	40+ Female	36.28	35	5
Name	Club	Age Group	Time	Overall Place	Category Place
Mark Logan	Uni	50+ Male	36.56	36	5



Belinda Whelan	Uni	40+ Female	39.23	37	6
Michael Seymour	SBE	40+ Male	39.25	38	8
Garnet Rodda	BHarriers	60+ Male	40.38	39	4
Stacey McDonald	BHarriers	40+ Female	41.12	40	7
Paul Martin	BHarriers	60+ Male	41.16	41	5
Rossi Evans	BHarriers	50+ Male	DNF	DNF	DNF

3200 M Overall winners - Male: Logan Tickell Female: Abbey Cartner

Logan Tickell	SBE	Under 18 Male	9.58	1	1
Avery McDermid	Uni	Under 15 Male	10.45	2	1
Mason Beesley	Uni	Under 18 Male	11.29	3	2
James Trew	Uni	Under 18 Male	12.27	4	3
Tanner Fear	SBE	Under 18 Male	12.28	5	4
Tyler Fynch	SBE	Under 15 Male	12.40	6	2
Jonty McDermid	Uni	Under 15 Male	13.22	7	3
Abbey Cartner	Uni	Under 15 Female	13.55	8	1
Callen Bayliss	Uni	Under 15 Male	14.14	9	4
Sam Graham	Eag	Under 18 Male	14.18	10	5
Bevan Smart	SBE	Under 15 Male	14.21	11	5
Mitchell Graham	Eag	Inv Male	14.57	12	1
Benjamin Sandeman	BHarriers	Inv Male	14.58	13	2
Anne Buckley	BHarriers	Inv Female	15.04	14	1
Michelle Fynch	SBE	Inv Female	15.08	15	2
Taj Ferguson	Eag	Under 15 Male	15.23	16	6
Beau Ferguson	Eag	Under 15 Male	15.28	17	7
Antony Langdon	Eag	Inv Male	15.33	18	3
Ebony Beesley	Uni	Under 15 Female	15.49	19	2
Neil Shaw	BHarriers	Inv Male	15.57	20	4
Ashlie Thomas	BHarriers	Inv Female	16.26	21	3
Geoff Jordan	BHarriers	Inv Male	17.21	22	5
Ruby Cartner	Uni	Under 15 Female	17.22	23	3
Keenan Seymour	SBE	Under 18 Male	17.23	24	6
Bec Beesley	Uni	Inv Female	17.54	25	4
Christie Metherell	B Harriers	Inv Female	17.55	26	5
Geoff Shaw	BHarriers	Inv Male	17.58	27	6
Chase Carter	Uni	Under 15 Male	18.12	28	8
Kristy Kum Too	SBE	Inv Female	18.25	29	6
Carol Coad	SBE	60+ Female	18.35	30	1
Peta Dawe	SBE	60+ Female	19.33	31	2
Kaitlyn Bryce	SBE	Inv Female	19.59	32	7
Lynley McDonald	Uni	60+ Female	20.09	33	3
Chloe Beesley	Uni	Under 15 Female	20.18	34	4
Gracie Seipolt	SBE	Under 15 Female	20.59	35	5
Leonie Chivers	Uni	Invitation Female	24.49	36	8
Grace Chivers	Uni	Under 15 Female	24.51	37	6
Lily Chivers	Uni	Under 15 Female	25.12	38	7
Ashton Chivers	Uni	Under 15 Male	25.50	39	9
John Watson	BHarriers	Invitation Male	28.09	40	7
Gary Mahon	SBE	Invitation Male	34.36	41	8

1000 M Overall winners - Male: Bradie Sheldon Female: Lucy Jones

Name	Club	Age Group	Time	Overall Place	Category place
Bradie Sheldon	Uni	Under 12 Male	3.43	1	1



Jonty McDermid	Uni	Under 12 Male	3.44	2	2
Tyler Fynch	SBE	Under 12 Male	3.44	3	3
Jack Metherell	BHarriers	Under 12 Male	4.18	4	4
Harry Fitzpatrick	Uni	Under 10 Male	4.23	5	1
Lucy Jones	Uni	Under 10 Female	4.24	6	1
Emma Colt	Uni	Under 12 Female	4.25	7	1
Erin Bradshaw	Uni	Under 12 Female	4.26	8	2
Abby Colt	Uni	Under 10 Female	4.26	9	2
Archie Fitzpatrick	Eag	Under 12 Male	4.27	10	5
Caleb Marron	Bharriers	Under 12 Male	4.30	11	6
Emily Harris	Uni	Under 12 Female	4.31	12	3
Piper Fynch	SBE	Under 10 Female	4.31	13	3
Daphne Andrews	Bharriers	Under 10 Female	4.38	14	4
Sienna Bayliss	Uni	Under 10 Female	4.39	15	5
Katie Graham	Unattached	Under 12 Female	4.43	16	4
Eiliyah Daneen	Uni	Under 12 Female	4.44	17	5
Mitchell Nurse	Uni	Under 10 Male	4.55	18	2
Lottie Macmunn	Uni	Under 10 Female	4.57	19	6
Renae Graham	Unattached	Invitation Female	4.58	20	1
Charlie Cinatl	Bharriers	Under 12 Male	5.02	21	7
Dylan Marron	Bharriers	Under 12 Male	5.04	22	8
Maggie Andrews	Bharriers	Under 10 Female	5.05	23	7
Ronnie Epps	Uni	Under 10 Male	5.07	24	3
Brae Matthews	Bharriers	Under 12 Male	5.13	25	9
Patrick Harris	Eag	Under 10 Male	5.15	26	4
Percy Jones	Uni	Under 10 Male	5.16	27	5
John Justice	SBE	Invitation Male	5.17	28	1
Ellie Beesley	Uni	Under 12 Female	5.25	29	6
Piper Ferguson	Eag	Under 10 Female	5.42	30	8
Hazel Pyke	Eag	Under 10 Female	5.44	31	9
Matilda Cinatl	Bharriers	Under 10 Female	5.48	32	10
Polly Byrne	Uni	Under 10 Female	5.48	33	11
Remi Matthews	Bharriers	Under 10 Female	5.49	34	12
Alec Bradshaw	Uni	Under 10 Male	5.59	35	6
Grace Chivers	Uni	Under 10 Female	6.03	36	13
Sandra Mclennan	Bharriers	Invitation Female	6.05	37	2
Samuel Nurse	Uni	Under 10 Male	6.30	38	7
Mohid Zaman	Uni	Under 10 Male	6.35	39	8
Sidney Pyke	Eag	Under 10 Male	6.37	40	9
Ruby Metherell	Bharriers	Under 10 Female	6.57	41	14
Nicholas Atkinson	SBE	Under 10 Male	7.14	42	10
Ivy Brennan	SBE	Under 10 Female	7.14	43	15
Leo Epps	Uni	Under 10 Male	7.23	44	11
Zarwa Daneen	Uni	Under 10 Female	7.37	45	16
Drake Barkla	SBE	Under 10 Male	11.18	46	12



MANDURANG OVAL, MANDURANG – 6TH AUGUST 2022

(31 Competitors)

Raffle Donor: Sarah Ketterer and Brennan Family

Raffle Winners: Brendon Hillier, Fynch Family and Curtis Family

Mandurang recreation reserve was the venue for our Club Run 11, sponsored primarily by Champions Supa IGA with the 5km, 3km, 1.5km and 800m being sponsored by Reilly's Designer Appliances, 3T Fitness, Intersport Bicknells and The Curtis Family respectively. Although the sky was very cloudy the rain stayed away and the temperature was more than comfortable for a competitive race. The saturated oval made the start and finish plenty of fun, with wet feet for all, but hey, that's cross country for you. Daniel Plowright put in a fantastic effort to take out the 5 km on a challenging undulating course, Michelle Fynch was super fast in the 3km. Brendan Hillier was the winner of the 1500m despite "going slowly" and young Ivy Brennan won the 800m Thanks to all who helped out, and Greg Hilson even plotted the course before heading off to Melbourne for a race.

5km



1. Daniel Plowright – 19.18 2. Brendan Hillier – 24.05 3. Kirsty Seipolt – 27.39 (ffemale). Jackie Guillou – 29.36, Peter Curtis Jnr – 28.56 and Sarah Ketterer – 29.57.



3km

1. Michele Fynch – 14.27 2. Tyler Fynch – 11.27 (fastest time) 3. Genevieve Nihill – 12.00 (fastest female). Carol Coad – 17.52, Mick Seymour – 15.56, Gracie Seipolt – 20.11, Peta Dawe – 18.16, Simon Nihill – 16.17, Caitlin Campbell – 14.24, Thomas McArthur – 12.26 and Keenan Seymour – 16.39.



1500m

1. Brendon Hillier – 7.01 2. Jonathon Maslunka – 7.08 3. Daniel Plowright – 5.30 (f time) Maurice Nihill – 5.55, Piper Fynch – 7.23, Peta Dawe – 9.04, Rachel Maslunka – 7.50, Mick Seymour – 8.17, Caitlin Campbell – 6.52 (fastest female), Bevan Smart – 6.49, Gary Mahon – 15.10, Annette Curtis – 12.14 and Kylie Campbell – 11.11.

Under 10

Curtis Family

1. Ivy Brennan – 5.18





CLUB CHAMPIONSHIPS,
NOTLEYS RESERVE, WHIPSTICK 13TH AUGUST 2022

(34 Competitors)

Raffle Donor: Worthington Family

Raffle Winners: Campbell family, Stafford Kelly, Thomas McArthur

The Club Championships were held out in the Whipstick at Notley's campground, on Although the rain held off, there was lots of puddles and the first hill (and last) was quite slippery. This course was a simple out and back run, but the hills were quite punishing. With the longest distance having a number of large climbs. The group got together to show some excellent club spirit at the finish line, cheering on all runners. Many of the Club members went out to the Farmers Arms Hotel at Junortoun for the social night. (see write up in the Facebook post).

6.5km



Peter Curtis Jnr – 31.50 2. Brendan Hillier – 30.16 3. Debbie Kirne – 31.51 (f. female).
Daniel Plowright – 25.16 (fastest time), Greg Hilson – 26.17, Olivia Attard – 26.50,
Caitlin Campbell – 34.41, Simone Butler – 35.43 and Mick Seymour – 37.13.

3km



Michele Fynch – 14.12 2. Tyler Fynch – 11.29 (fastest time) 3. Carol Coad – 17.25 (f. female).
Thomas McArthur – 11.07, Genevieve Nihill – 11.50, Simon Nihill – 15.49,
Keenan Seymour – 16.01, Peta Dawe – 18.32, Kaitlyn Bryce – 19.51 Gracie Seipolt – 20.18 Kylie
Campbell – 22.46.

1500m



Gracie Seipolt – 8.59 2. John Justice – 8.02 3. Peter Hayes – 8.33, Tyler Fynch – 5.28 (f.time)
Debbie Kirne – 7.01, Peta Dawe – 8.50, Charlie Worthington – 10.16 (fastest female), Annette
Curtis – 11.14 and Gary Mahon – 14.27.

Under 10

Curtis Family

Peyton Bish – 3.54 2. Ned Bowe – 3.30 (fastest time) 3. Peter Curtis III – 7.35
Piper Fynch – 3.31 (fastest female) and Gemma Tuena – 6.07.





CHAMPIONSHIP PLACINGS

Under 8 Boys 800m
1st Peter Curtis III

Under 8 Girls 800m
1st Emma Tuena

Under 10 Boys 800m
1st Ned Bowe

Under 10 Girls 800m
1st Piper Fynch
2nd Peyton Bish

Under 12 Boys 1500m
1st Tyler Fynch

Under 12 Girls 1500m
1st Gracie Seipolt

U18 Men 3km
1st Thomas McArthur
2nd Keenan Seymour

U18 Female 3km
1st Genevieve Nihill

Open Men 6.5km
1st Daniel Plowright
2nd Peter Curtis jnr

Open Female 6.5km
1st Olivia Attard
2nd Caitlin Campbell
3rd Simone Butler

40 plus Men 6.5km
1st Greg Hilson
2nd Brendan Hillier
3rd Mick Seymour

Pre Vet Women 3km
1st Michelle Fynch

50 plus men 3km
1st Simon Nihill

40+ Women 3000m
1st Kylie Campbell

60+ Men 1500m
1st John Justice
2nd Gary Mahon

60+ Female 1500m
1st Peta Dawe
2nd Annette Curtis

50+ Female 1500m
1st Debbie Kirne

Here's a bit of write up about the social night by Peta Dawe. We had approximately 40 people. Peter Curtis Jnr organised some questionnaire games which entertained the younger group and tested the more mature group. MC for the trivia was Peta Dawe in the absence of the President Jackie. Three rounds of 10 questions, which stretched some people's brains. There was a spot prize for the best team's name which was won by the Worthington Warriors. After all, three rounds there was a tie between the Da Bangers (Curtis Family) and the Worthington Warriors. The two teams had to answer an extra question which eventually was won by the Da Bangers Team. A Good night to get out and socialise with the club, good food and lots of banter. Extra winners on the night from the activities organised by Peter Curtis was Peyton Bish and Drake Barkla. Amount in the cash guessing game was \$1359.75, with Drake guessing \$1355. Lots of fun was had by all.



SHADBOLTS RESERVE NEILBOROUGH, 20TH August 2022.

(29 Competitors)

Raffle Donor: Bowe Family

Raffle Winners: Stafford Kelly, Brendon Hillier and the Bowe Family

Club run No.12 was held this weekend at the family friendly Shadbolts Reserve, Neilborough. Conditions were great for a fast run in the pretty Whipstick national park. Out and back on sandy dirt roads for the shorter distances and a nice little loop track on the long distance, all races finishing over the tight section of the bridge on the water race. Reduced numbers gave us a chance for different runners to shine, The Curtis boys being successful in their races and Gary Mahon taking out the 1500. Thanks to the club volunteers for stepping up in when the usual role players were absent. As always, the support of the people and our kind sponsors is greatly appreciated. Please join us next week for the Peter Curtis Snr memorial at Atlas Road. Hoping for big numbers and good weather.

6.5km



1 Peter Curtis Jnr – 30.37 2. Brendan Hillier – 29.34 (fastest time)
3. Simone Butler – 34.22 (fastest female). Jackie Guillou – 38.21.

3km



Christine Leatham – 18.29 2. Audrey Andrew (invitation) – 15.53 2.
Tyler Fynch – 10.25 (fastest time) 3. Michele Fynch – 13.35. Peter Hayes -18.04,
Carol Coad – 16.40, Peta Dawe – 17.07, Sophie Hawken – 13.38, Genevieve Nihill – 11.23 and
Thomas McArthur – 10.46.

1500m



Gary Mahon – 12.19 2. Annette Curtis – 9.35 3. John Justice – 6.49. Peta Dawe – 7.26, Peyton
Bish – 6.29, Rachel Maslunka – 6.21, Jonathon Maslunka – 6.18,
Allie Guillou – 5.18, Belle Guillou – 5.11 (fastest female) and Tyler Fynch – 4.35 (f. time).

Under 10

Curtis Family

Peter Curtis III – 6.11, 2. Ned Bowe – 2.46 and Piper Fynch – 2.37 (fastest female and time).
Gemma Tuena – 4.24 and Indy Jamrozik – 4.26.



PETER CURTIS SNR. MEMORIAL 1500M

Vale
Peter Curtis Snr

26/08/1955-25/12/2016

Peter Curtis Snr was a dedicated South Bendigo man ever since his eldest daughter Shayleen joined the club in the late 90's.

The "1 Eyed" Collingwood supporter even boasted a South Bendigo Tattoo visible for all to see.

The regular limit marker always provided good incentive to chase. In 2011 he lost the vision in his only eye, making the effort to continue even more inspiring. For 5 years he headed out with his trusty Bundi Basher leading the way.

In 2007 he began his role as Canteen Manager, a role that he loved and held when he passed. He always made sure the Kettle was hot and offered anyone and everyone any hot drink he could possibly supply.

His role as canteen manager, Committee member and overall club helper was such that in 2010 he was awarded Best Club Contributor.

Peter ran his last 1500m race on the 23rd of April 2016 at Miller's Flat, a race that also featured Jess and Peter Jnr, the two youngest of his three children. Even after this race he continued to be a presence at the club until his sudden passing on Christmas morning 2016.

The Inaugural Peter Curtis Snr Memorial race was held at Atlas Rd, Peter's "home ground", on what would have been his 62nd Birthday.

Peter was a much-loved member of South Bendigo Athletic Club, and is missed by all that had the honour of meeting him.

Peter Curtis Jnr.

2017 – Leigh Browell
2018 – Sam Noden
2019 – Asher Bowe
& Madison Bryce

2022 - PEYTON BISH





ATLAS ROAD, JUNORTOUN – 27TH AUGUST 2022

(46 Competitors)

Raffle Donor: Curtis Family

Raffle Winners: Greg Hilson, Guillou family and Drake Barkla

The Peter Curtis Snr Memorial race was held in the Wellsford Forest at Atlas Rd. The course started at the gates of the Multiuser Army Depot and went along the old rail siding through slippery conditions to the O’Keefe rail trail at Rangelea. The short and medium length races stayed on the trail, allowing for fast times and close finishes. The weather was absolutely perfect for running, and everyone was in good spirits. The long course split off into the bush at the 3km turn to tackle some hilly terrain through the forest. Even on those hills, the athletes pushed hard, with Brendan Hillier and Peter Curtis Jnr giving it their all. Special mention to Christine who had us worried when she decided to run a little further than required. All well that ends well though. Hope to see as many athletes as possible next week for the Donna Tickell memorial at Woodvale rec reserve. Where we will also be doing the club presentations for the season. Thanks as always to our fantastic and much appreciated sponsors and volunteers. They make it a pleasure to be part of the club.



5km

1. Brendan Hillier – 22.01 2. Peter Curtis Jnr – 24.33 3. Kirsty Seipolt – 26.06 (fastest female). Daniel Plowright – 18.47 (fastest male), Simone Butler – 26.18, Jake Hilson – 19.39, Kristy Kum Too – 28.23, Jackie Guillou – 27.45, Keenan Seymour – 27.35 and Christine Leatham – 36.32.



3km

1. Henry Strang – 13.54 (invitation) 1. Michelle Fynch – 13.38 2. Peter Hayes – 17.30 3 Tyler Fynch – 10.44 (fastest time). Mick Seymour -14.49, Carol Coad – 17.11, Thomas McArthur – 10.52, Peta Dawe – 17.41, and Gracie Seipolt – 20.09.



1500m

1. Peter Curtis Jnr – 6.33 2. Henry Strang (invitation) – 6.35
2. Kyle Hilson – 6.16 Isabelle Lillie – 7.35. Dylan Clymo – 6.27, Tyler Fynch – 5.10 (fastest male), Jonathon Maslunka – 6.32, Gary Mahon – 13.27, John Justice – 7.28, Annette Curtis – 10.29, Charlie Worthington – 9.03, Mick Seymour – 7.14, Rachel Maslunka – 6.56, Peta Dawe – 8.13, Kaitlyn Bryce – 7.16, Bevan Smart – 5.43, Jackie Guillou – 7.29, Peyton Bish – 7.26, Kylie Campbell – 9.03, Michelle Fynch – 6.55 (fastest female), Courtney Campbell – 7.04 and Gracie Siepolt – 9.44.

Under 10

Curtis Family

1. Evie Atkinson – 10.03, 2. Piper Fynch – 3.38 (fastest female), Nicholas Atkinson – 4.51 (fastest male). Peter Curtis III – 8.10 and Ivy Brennan – 5.40.



DONNA TICKELL MEMORIAL 1500M – 3rd September 2022

Woodvale Recreation Reserve
Raffle Donor: Ron Nanarrow
Raffle Winner: Guillou Family, Peter Hayes,

DONNA TICKELL MEMORIAL PREVIOUS WINNERS

1991	David Purdon	1992	David Read
1993	Ashley Williams	1994	Danielle Mc Lennan
1995	Alanna Oldham	1996	Ryan Cornell
1997	Donna Bryant	1998	Mark Chapman
1999	David Purdon	2000	Michelle De La Haye
2001	Kyall Britten	2002	Ashlea Smith
2003	Kyall Britten	2004	Gina Hilson & David Purdon
2005	Rob Scholes	2006	Keith Noden
2007	Madison Bryce	2008	Will Noden
2009	Yazmin Hayes	2010	Bree Heiden
2011	Keely Trew	2012	Lisa Minchin
2013	Maria Bryce	2014	Madison Hill & Emily Patterson
2015	Jett Patullo	2016	Kaitlyn Bryce
2017	Kate Wilson	2018	Matt Barkla
2019	Matt Barkla		

2022 WINNER - TYLER FYNCH

DONNA TICKELL MEMORIAL 1500 METRES

Club Member Donna Tickell was killed whilst riding her bike home from school, near Newstead. This event was set up by the club to remember a youngster who was a willing helper and competitor with the club during the Cross Country season.

DONNA LEE TICKELL

13.9.75 TO 10-05-90

Tragically killed at age 14 years.

A much loved, and loving family person, who enjoyed life to the fullest. An unselfish girl who wished the best for everyone else. Her zest for life is well remembered by those who had the fortune to have known Donna.

Her sporting attitude was a lesson many could well adopt. No complaints, or regrets, just get on with the job. Her "cheeky" (tom boyish) manner, oozing personality, was an infectious one, which left one feeling good about yourself and proud to be in her company.

Not the fastest athlete around at the time, but an ambassador for her peers, a credit to herself and her family. Every so often a person of outstanding credential comes along. Donna WAS one of those people.

A great mate for her brother Lucas who wears a picture of his late sister tattooed proudly on his chest. Their 'scraps' left many mystified.

Donna was a willing, energetic worker for the Club, helping in any way she could. A terrific club mate, who was always on the sidelines, to offer encouragement and praise to fellow athletes.

By Ronald Nancarrow

DIXON FAMILY ENCOURAGEMENT AWARD

2004 -	Jesse Noden	2005 -	Peter Curtis Snr.
2006 -	Annette Curtis	2007 -	Tara Goodall-Hoffman
2008 -	Demi Goodall-Hoffman	2009 -	Holly Hawke
2010 -	Deanne Hocking	2011 -	Madeleine Hawke
2012 -	Madison Bryce	2013 -	Shelby Giri
2014 -	Keely Farnell	2015 -	Kyle Hilson
2016 -	Maria Bryce	2017 -	Donna Bowe
2018 -	Levi Bowe	2019 -	Sasha Pearce
2021 -	Bella Smart		

2022 – RACHEL MASLUNKA

PETER HUTHNANCE BEST CLUB CONTRIBUTOR – WINTER

1987	Tony Worthington	1988	Geoff Dalrymple
1989	Greg Hilson	1990	Marion Anderson
1991	Gina Grotto & Greg Hilson	1992	Ron Nancarrow
1993	David Purdon	1994	Lyn Dixon
1995	Sandra Giampietro	1996	Ian Carmichael
1997	David Read	1998	Sandra Giampietro
2001	Rob Dixon	2002	Scott Purdon
2003	Greg Hilson	2004	Greg Hilson
2005	Sharon Whiley	2006	Joan Matheson
2007	Annette Curtis	2008	Kerry & Neil Britten
2009	Cheryl Curnick	2010	Peter Curtis Snr.
2011	Greg Hilson	2012	Celine Mountjoy
2013	Greg Hilson		
2014	Greg Hilson		
2015	Greg Hilson		
2016	Greg Hilson		
2017	Greg Hilson		
2018	Peter Hayes		
2019	Tony Worthington		
2021	Amanda Worthington		

2022 – MICHAEL SEYMOUR



IGA – BEST CROSS COUNTRY MALE

2007	Jesse Noden	2008	Peter Curtis Jnr.
2009	Russell Fenwick	2010	Russell Fenwick
2011	Greg Hilson	2012	Kyall Britten
2013	Kyall Britten	2014	Daniel Plowright
2015	Daniel Plowright	2016	Peter Noden
2017	Daniel Plowright	2018	Daniel Plowright
2019	Will Noden	2021	Daniel Plowright

2022 – DANIEL PLOWRIGHT

IGA – BEST CROSS COUNTRY FEMALE

2007	Demi Goodall-Hoffman	2008	Mandy Worthington
2009	Mandy Worthington	2010	Teleah Hayes
2011	Sophie Hawken	2012	Sophie Hawken
2013	Teleah Hayes	2014	Yazmin Hayes
2015	Teleah Hayes	2016	Teleah Hayes
2017	Teleah Hayes	2018	Anna Devrieze
2019	Jackie Guillou	2021	Genevieve Nihill

2022 – KIRSTY SEIPOLT





**RON NANCARROW MEMORIAL PERPETUAL -
BEST AV WINTER ATHLETE AWARD**

1996	Luke Preston	1997	Luke Preston & Robert De La Haye
1998	Amber Humphreys	1999	Michelle De La Haye
2000	No Award	2001	Clare Mc Kechnie
2002	Clare Mc Kechnie	2003	Leila Bunnett
2004	No Award	2005	No Award
2006	Jessica Rothwell	2007	Kyall Britten
2008	Kyall Britten	2009	Celine Mountjoy
2010	Zoe Boldiston	2011	Teleah Hayes
2012	Teleah Hayes	2013	Teleah Hayes
2014	Zahra Hayes	2015	Zahra Hayes
2016	Taryn Furletti	2017	Taryn Furletti
2018	Yazmin Hayes	2019	Logan Tickell
2021	Archie Reid		

2022 – LOGAN TICKELL

MOST OUTSTANDING JUNIOR AWARD

1996	Alanna Oldham	1997	Michelle De La Haye
1998	Sarah Humphreys	1999	Celia Boyle
2000	Michelle De La Haye	2001	Ashlea Smith
2002	Kyle Bryant	2003	Jessie Palfreyman
2004	Jessica Rothwell	2005	No Award
2006	Jessica Rothwell	2007	No Award
2008	Demi Goodall-Hoffman	2009	Zoe Dean
2010	Teleah Hayes	2011	Teleah Hayes
2012	Zahra Hayes	2013	Zahra Hayes
2014	Teleah Hayes	2015	Yazmin Hayes
2016	Zahra Hayes	2017	Yazmin Hayes
2018	Chelsea Tickell	2019	Kate Wilson
2021	Logan Tickell		

2022 - GENEVIEVE NIHILL

SASHES

Rookie Of the Year: **BRENDAN HILLIER**

Most Improved: **BEVAN SMART**

Most Consistent: **JONATHON MASLUNKA**