

SOUTH BENDIGO
ATHLETIC CLUB Inc.



CROSS COUNTRY
2016

FOR
FOR FAMILY FITNESS & FUN

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Sharon Barr	Norman West	1989-90	Laurie Anderson	Greg Hilson
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David Purdon	Sandra Giampietro	1997-98	Robert Dixon	Peter Barrett
David Purdon	Sandra Giampietro	1998-99	Robert Dixon	Peter Barrett
David Purdon	Sandra Giampietro	1999-2000	None	Robert Dixon
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David Purdon	Sandra Giampietro	2002-03	Brian Cornell	Robert De La Haye
David Purdon	Sandra Giampietro	2003-04	Peter Barrett	None
David Purdon	Sandra Giampietro	2004-05	Peter Barrett	None
Greg Hilson	Sandra Giampietro	2005-06	Peter Barrett	Scott Purdon
Greg Hilson	Sandra Giampietro	2006-07	Peter Barrett	Scott Purdon
Greg Hilson	Carol Coad	2007-08	Peter Barrett	Neil Britten
Greg Hilson	Carol Coad	2008-09	Peter Barrett	Amanda Worthington
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Leigh Browell

Nigel Self

2015-16 Annette Curtis

Amanda Worthington

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ATHLETES THAT COMPETED DURING SEASON 2016

George Austen	Lachlan Appleby	Drake Barkla	Matt Barkla
Adam Boldiston	Asher Bowe	Donna Bowe	Levi Bowe
Neil Bowe	Leigh Browell	Kaitlyn Bryce	Madison Bryce
Maria Bryce	Bailey Burkitt-Morrison	Connor Burkitt-Morrison	
Charles Chambers	Carol Coad	Sheridan Commons	Ada Coonerty
Annette Curtis	Peter Curtis Jr.	Peter Curtis Snr.	Geoff Dalrymple
Kellie Dean	Keely Farnell	Darcy Ferguson	Emily Fleming
Amber Fox	Colin Fox	Oscar Fox	Thomas Fox
Cait Fraser	Sandy Giampietro	Lexi Hall	Phoenix Hall
Darren Hartland	Sophie Hawken	Teleah Hayes	Yazmin Hayes
Zahra Hayes	Peter Hayes	Anthony Johns	Sam Jones
John Justice	Dustin Ketterer	Sarah Ketterer	Kristy Kum Too
Bernard Nihill	Isabel Nihill	Olivia Nihill	Madison Hill
Kyle Hilson	Greg Hilson	Peter LeBusque	Finnegan Miller
Josh Morrison	Lucas Morrison	Jesse Noden	Peter Noden
Sam Noden	Tom Noden	Will Noden	Aaron Norton
Jayne Norton	Jemma Norton	Kai Norton	Jessica Oxlade
Jett Patullo	Damien Pearce	Eli Pearce	Kai Pearce
Lara Pearce	Mac Pearce	Maiya Pearce	Milan Pearce
Sasha Pearce	Jala Seviour	Ava Scott	Joan Self
Max Simmie	Paige Simmie	Lucius Stevens	Erin Terrial
Jessica Terrial	Kai Terrial	Josh Terrial	Sonny Terrial
Chelsea Tickell	Logan Tickell	Zachery Tickell	Caitlyn Tozer
Yasmine Trew	Tim Tuena	Alex Wallace	Ben Wallace
Nick Wallace	Halle Webster	Charlie Weston	Mia Weston
Tim Weston	Cathy White	Kate Wilson	Linda Wilson
Megan Wilson	Amanda Worthington		

VICTA ROAD, EAST BENDIGO – 2ND APRIL 2016

(69 Competitors)

Raffle Donor: Club

Raffle Winners: Lexi Hall, Asher Bowe, Greg Hilson

The Champions Supa IGA South Bendigo Athletic Club hosted its first Club Run of the new cross country season at Victa Road in East Bendigo on Saturday. The day attracted a lot of new runners. A big field of 24 lined up for the Hume & Iser Home Hardware 3000m, it was new runner Bernard Nihill 11:57 fastest male finishing ahead of the field with Oscar Fox and Yazmin Hayes close behind. Teleah Hayes 11:21 fresh from winning the open female section of the Bendigo Bank Dragon Mile was fastest overall time in the 3000m.

New runners in the 3000m - Bernard Nihill 11:57, Isabel Nihill 14:20, Tim Weston 13:52, Olivia Nihill 14:32, Ben Wallace 12:31, Lexi Hall 15:38, Alex Wallace 12:53, Halle Webster 20:29.

Darren Hartland has been in some great form of late and stormed to the line in 24:59 fastest time in the Intersport Bicknells 6500m to win ahead of Peter Noden and Charles Chambers. Madison Hill has found the longer distance to her liking finishing 4th and fastest female in 31:34.

The Bendigo Toyworld 800m was won by Amber Fox from Lucius Hawken and Megan Wilson 3:03 fastest female. Fastest Male was Sam Noden 3:30.

New runners in the 800m were Mac Pearce 3:46, Charlie Weston 4:20, Ava Scott 4:21, Mia Weston 8:27.

The Reilly's Home Appliances 1500m was a battle of the young guns with Jett Patullo and Oscar Fox both running the fastest Male times of 6:09 Jett managed to hold onto his handicap margin to take the win over Oscar. Both boys battled it out last season in the under 10 section and this season both look stronger and faster making for some great battles ahead in the coming weeks. 3rd place was Zahra Hayes just ahead of backmarker Teleah Hayes 5:17 fastest time.

New runners in the 1500m - Colin Fox 7:53, Milan Pearce 9:04, Geoffrey Dalrymple 10:49.

Results: Club Run #1 Victa Rd. 2nd April

Intersport Bicknells 6.5km: Darren Hartland 24:59 (Fastest Time), Peter Noden 26:20, Charles Chambers 28:49, Madison Hill 31:34 (Fastest Female), Jesse Noden 25:34, Neil Bowe 31:24, Lara Pearce 35:01, Tom Noden 27:15, Greg Hilson 27:59, Donna Bowe 37:19, Sophie Hawken 32:27

Hume & Iser 3km: Bernard Nihill 11:57(Fastest Male), Oscar Fox 13:02, Yazmin Hayes 11:43, Isabel Nihill 14:20, Tim Weston 13:52, Teleah Hayes 11:21(Fastest Time), George Austen 19:45, Amanda Worthington 14:37, Connor Burkitt-Morrison 13:33, Eli Pearce 12:40, Olivia Nihill 14:32, Leigh Browell 13:14, Will Noden 12:28, John Justice 16:12, Ben Wallace 12:31, Lexi Hall 15:38, Alex Wallace 12:53, Keely Farnell 17:23, Carol Coad 16:52, Peter Hayes 16:43, Kaitlyn Bryce 17:50, Josh Morrison 18:26, Halle Webster 20:29, Bailey Burkitt-Morrison 19:42

Reilly's Home Appliance 1500m: Jett Patullo 6:09 (Fastest Male), Oscar Fox 6:09 (Fastest Male), Zahra Hayes 5:46, Teleah Hayes 5:17 (Fastest Time), Colin Fox 7:53, Yazmin Hayes 5:39, Kyle Hilson 6:14, Megan Wilson 6:47, Sandy Giampietro 11:36, Connor Burkitt-Morrison 6:27, Leigh Browell 6:19, Donna Bowe 7:44, Joan Self 9:25, Anthony Johns 13:04, Madison Bryce 9:06, Maria Bryce 9:11, Bailey Burkitt-Morrison 9:16, Milan Pearce 9:04, Geoffrey Dalrymple 10:49,

Bendigo Toyworld 800m: Amber Fox 3:48, Lucius Stevens 4:27, Megan Wilson 3:03(fastest time), Thomas Fox 3:51, Asher Bowe 3:46, Kate Wilson 3:53, Sam Noden 3:30, Mac Pearce 3:46, Levi Bowe 3:41(fastest male), Sasha Pearce 3:57, Lucas Morrison 6:39, Charlie Weston 4:2,

Ava Scott 4:21, Kai Pearce 4:33, Mia Weston 8:27

GOLD COURSE ROAD, EPSOM – 9TH APRIL 2016

(54 Competitors)

Raffle Donor: Carol Coad

Raffle Winner: John Justice, Darren Hartland

YOUNG ATHLETES DOMINATE CROSS COUNTRY RACES

The Champions Supa IGA South Bendigo Athletic Club hosted it's 2nd club run of the season last saturday at Golf Course Road, Epsom. With the average age of the winners of the day being under 10 years old, youth showed the way. Yazmin Hayes stepped up to her first attempt at 5000m winning convincingly the Intersport Bicknells 5000m, in a great time of 20.17 over the in form Darren Hartland (fastest time) 19:04 and fastest female Teleah Hayes 19:42 in 3rd place.

New runner was Tim Tuena 26:12

The 3000m race saw the youngest runner Oscar Fox Battle out the finish with the oldest runner of the day John Justice. Oscar ran a great time of 12:45 to take the win. In 3rd place was Alex Wallace. Fastest Time was Eli Pearce 12:41, fastest female was new runner Ada Coonerty 13:15 a great effort considering a fall half way into the race.

Jemma Norton made it a family quinella winning over brother Kai with Thomas Fox in 3rd place in the Bendigo Toyworld 800m. Logan Tickell showed why he is a rising star in his first cross cuntry run of the season, finishing hard to run fastest time in 2:55. Megan Wilson continues her great form, running her first ever sub 3min 800m to be fastest female in 2:58.

Thomas Fox made it a double for the Fox family running his first 1500m in the Reilly's Home Appliances 1500m he held on over the very fast finishing Zahra Hayes 5:47 fastest time and Anthony Johns . Fastest Male was backmarker Peter Curtis Jnr 5:51

Results: Club Run #2 Golf Course Rd. 9th April

Intersport Bicknell's 5km:

Yazmin Hayes 20:17, Darren Hartland 19:04 (Fastest Time), Teleah Hayes 19:42(Fastest Female)
Peter Noden 20:17, Tom Noden 19:38, Will Noden 21:52, Lara Pearce 26:32,
Sophie Hawken 24:03, Greg Hilson 21:59, Tim Tuena 26:12.

Hume & Iser 3km: Oscar Fox 12:45, John Justice 16:00, Alex Wallace 12:47, Tim Weston 13:48,
Ben Wallace 12:49, Aaron Norton 13:08, Lexi Hall 16:16, Amanda Worthington 14:34,
Ada Coonerty 13:15(Fastest Female), Peter LeBusque 13:34, Leigh Browell 12:56,
Eli Pearce 12:41(Fastest Time), Keely Farnell 18:56, Annette Curtis 22:02.

Reilly's Home Appliance 1500m: Thomas Fox 8:20, Zahra Hayes 5:47 (Fastest Time),
Anthony Johns 12:08, Aaron Norton 5:56, Kyle Hilson 6:07, Jayne Norton 7:57,
Megan Wilson 6:43, Colin Fox 7:25, Geoff Dalrymple 10:26, Logan Tickell 6:12, Oscar Fox 6:32,
Peter Curtis Jnr 5:51 (Fastest Male), Peter LeBusque 6:36, Maiya Pearce 8:16, Carol Coad 8:09,
Kellie Dean 11:11, Cathy White 13:49, Peter Curtis Snr 19:07.

Bendigo Toy World u10 800m: Jemma Norton 3:58, Kai Norton 3:46, Thomas Fox 3:45,
Logan Tickell 2:55(Fastest Time), Kate Wilson 3:41, Megan Wilson 2:58 (Fastest Female),
Sam Noden 3:35, Chelsea Tickell 3:43, Sasha Pearce 3:44, Kai Pearce 3:45, Yasmine Trew 5:37,
Amber Fox DNF.



LIGHTNING HILL, EAGLEHAWK - 16TH APRIL 2016

(61 Competitors)

Raffle Donor: Curtis Family

Raffle Winners: Peter Barrett, Emma Hall, Jack Ketterer, Dennis Tickell

The Champions Supa IGA South Bendigo Athletic Club took to the hills of Lightning Hill Rd, Eaglehawk for their third club run of the season. It was home ground advantage for Tom Noden racing on his training track to record fastest time 25.42 in the Intersport Bicknells 6500m race and win ahead of fastest female Teleah Hayes 25.49 with Peter Noden in 3rd place.

New runner was Matt Barkla 39.17.

Madison Hill continues to improve each week and was to good winning the 3000m over John Justice who finished 2nd for the second week running, with Keely Farnell 3rd. Fastest time was Yazmin Hayes 11.37, fastest male Damian Pearce 11.50.

New runners Kristy Kum Too 20.08, and Nick Wallace 13.34.

In recent weeks the Fox family have been very dominant, so having her first ever cross country run Charlie Fox came out and smashed the field in the Bendigo Toyworld 800m with Asher Bowe and Lucius Stevens filling the placings. Fastest time was Megan Wilson 3.02, fastest male Sam Noden 3.15.

New runners Charli Fox 5.07 and Drake Barkla 11.08.

Alex Wallace has been running well in the 3000m the last 2 weeks, decided to drop to the 1500m of the Reilly's Home Appliances race and ran a very strong race to secure his first cross country win over invitation runner Lachlan Apleby and sisters Zahra and Yazmin Hayes for the placings. Yazmin's time of 5.32 made her fastest female with Will Noden fastest Male in 5.21.

New runners where Lachlan Appleby 6.52 and Jala Seviour 8.29.

Results: Club run #3 Lightning Hill 16th April

Intersports Bicknell's 6.5km: Tom Noden 25.42 (Fastest Time), Teleah Hayes 25.49 (F. Female), Peter Noden 26.31, Peter LeBusque 29.57, Lara Pearce 34.56, Sophie Hawken 31.45, Neil Bowe 32.44, Donna Bowe 37.42, Matt Barkla 39.17

Hume & Iser 3km: Madison Hill 13.44, John Justice 15.22, Keely Farnell 17.12, Aaron Norton 12.34, Yazmin Hayes 11.37 (Fastest Female), Kristy Kum Too 20.08, Ben Wallace 12.45, Amanda Worthington 14.07, Damian Pearce 11.50 (Fastest Time), Lexi Hall 16.09, Leigh Browell 12.32, Oscar Fox 13.10, Nick Wallace 13.34, Eli Pearce 12.49, Annette Curtis 21.04, Carol Coad 16.25, Kaitlyn Bryce 15.57, Peter Hayes 18.17

Reilly's Home Appliances 1500m: Alex Wallace 6.21, Lachlan Appleby 6.52, Zahra Hayes 5.34, Yazmin Hayes 5.32 (Fastest Female), Aaron Norton 5.43, Thomas Fox 8.18, Megan Wilson 6.34, Joan Self 9.41, Leigh Browell 5.51, Maiya Pearce 7.30, Colin Fox 7.27, Donna Bowe 7.24, Will Noden 5.21 (Fastest Time), Neil Bowe 6.22, Kyle Hilson 6.22, Geoff Dalrymple 10.42, Peter LeBusque 6.48, Sandy Giampietro 11.25, Jala Seviour 8.29, Peter Curtis Snr 18.28

Bendigo Toy world 800m: Charlie Fox 5.07, Asher Bowe 3.28, Lucius Stevens 4.15, Sam Noden 3.15 (Fastest Male), Kai Norton 3.42, Kate Wilson 3.38, Thomas Fox 3.46, Megan Wilson 3.02 (Fastest Time), Levi Bowe 3.29, Sasha Pearce 3.30, Amber Fox 3.46, Yasmine Trew 4.55, Kai Pearce 4.08, Drake Barkla 11.08

MILLERS FLAT ROAD, WHIPSTICK- 23RD APRIL 2016

(77 Competitors)

Raffle Donor: Curtis Family

Raffle Winners: Peter Barrett, Emma Hall, Jack Ketterer, Dennis Tickell

Results: Club Run #4 – Millers Flat Rd. 23rd April

Intersports Bicknell's 8km: Cait Fraser 37.77, Teleah Hayes 31.12 (Fastest Time), Darren Hartland 31.25 (Fastest Male), Sarah Ketterer 40.33, Peter LeBusque 37.27, Lara Pearce 43.58, Neil Bowe 39.35, Donna Bowe 46.00, Greg Hilson 34.29

Skidders Plaster and New China Restaurant 3km: Matt Barkla 23.54, Ben Wallace 12.07, Lexi Hall 15.17, Alex Wallace 12.27, John Justice 15.21, Damian Pearce 11.26, Nick Wallace 12.32, Yazmin Hayes 11.40 (Fastest Female), Oscar Fox 12.43, Eli Pearce 12.07, Amanda Worthington 14.19, Leigh Browell 12.27, Tom Noden 11.08 (Fastest Time), Sophie Hawken 13.32, Jayne Norton 16.49, Carol Coad 16.10, Annette Curtis 21.29, Kaitlyn Bryce 16.26, Peter Hayes 17.05, Maiya Pearce 18.53

Reilly's Home Appliances 1500m: Anthony Johns 11.01, Madison Hill 6.04, Kai Norton 7.57, Alex Wallace 5.46, Megan Wilson 6.05, Aaron Norton 5.26, Oscar Fox 5.46, Zahra Hayes 5.27 (Fastest Female), Yazmin Hayes 5.27 (Fastest Female), Logan Tickell 5.45, Kyle Hilson 5.55, Jemma Norton 9.06, Colin Fox 7.09, Geoff Dalrymple 10.09, Leigh Browell 5.40, Tom Noden 4.56 (Fastest Time), Peter Curtis Jnr 5.21, Neil Bowe 6.07, Jessica Oxlade 7.17, Cait Fraser 6.22, Eli Pearce 5.51, Madison Bryce 8.26, Peter LeBusque 6.22, Sarah Ketterer 6.50, Maria Bryce 8.39, Sandy Giampietro 11.10, Caitlyn Tozer 9.55, Lynda Wilson 8.30, Peter Curtis Snr 18.26, Sheridan Commons 8.58

Bendigo Toy World 800m: Lucius Stevens 4.00, Dustin Ketterer 3.50, Asher Bowe 3.21, Logan Tickell 2.54 (Fastest Time), Kai Norton 3.44, Jemma Norton 4.04, Kate Wilson 3.44, Kai Pearce 3.26, Sasha Pearce 3.31 (Fastest Female), Chelsea Tickell 3.40, Levi Bowe 3.40, Amber Fox 3.50, Jack Ketterer 4.01, Thomas Fox 4.20, Sam Jones 4.29, Phoenix Hall 4.59, Drake Barkla 13.19, Charlie Fox DNF



COMBINED RUN, MANDURANG - 7TH MAY 2016

(51 Competitors)

Raffle Donor: Pearce Family

Raffle Winners: Nigel Self, Madison Hill

Results from Today's race. Listed in order finished over the line.

Intersports Bicknell's 5km: Tom Noden 19.19 (Fastest Time), Peter Noden 20.26, Peter LeBusque 22.33, Neil Bowe 23.15, Lara Pearce 26.27(Fastest Female), Donna Bowe 28.50.

Skidders Plaster and New China Restaurant 3km : Rhys Lias 10.44(Fastest Time), Damian Pearce 11.53, Ben Wallace 12.00, Alex Wallace 12.01, Eli Pearce 12.02, Sophie Hawken 12.57(Fastest Female), Madison Hill 13.24, Aaron Norton 13.50, Amanda Worthington 14.19, Lexi Hall 16.02, Jayne Norton 16.18, John Justice 16.27, Carol Coad 17.19, Joan Self 20.45, Annette Curtis 20.46, Kai Terrial 22.33, Josh Terrial 22.36, Erin Terrial 27.40, Darcy Ferguson 15.57

Reilly's Home Appliances 1000m: Peter Curtis Jnr 3.21 (Fastest Time), Aaron Norton 3.36, Oscar Fox 3.53, Megan Wilson 4.09, Sam Noden 4.27, Kai Norton 4.57, Maiya Pearce 5.00, Colin Fox 5.11, Jessie Terrial 5.22, Jemma Norton 6.05, Geoff Dalrymple 6.37

Bendigo Toy world 500m: Megan Wilson 1.40 (Fastest Time), Kai Pearce 1.55, Sam Noden 1.55, Kate Wilson 1.57, Sasha Pearce 2.00, Levi Bowe 2.04, Asher Bowe 2.04, Thomas Fox 2.07, Amber Fox 2.09, Kai Norton 2.09, Jemma Norton 2.14, Lucius Stevens 2.15, Jessie Terrial 2.24, Phoenix Hall 2.32, Sonny Terrial 3.07

UNIVERSITY INVITATION, 14TH MAY 2016

LATROBE UNIVERSITY

7500m – Peter Curtis Jnr. 36:25.3

3000m – Rhys Lias 11:19.8

Leigh Browell 12:48.3

Jett Patullo 13:27.7

Peter Hayes 16:44.1

Taryn Furletti 11:38.1

Aaron Norton 12:12.8

Megan Wilson 14:35.1

Carol Coad 17:10.2

Yazmin Hayes 12:05.9

Sophie Hawken 12:20.5

Amanda Worthington 14:41.9

1000m - Kai Norton 4:40.7 Kate Wilson 4:41.2 Jemma Norton 5:17.2 Yasmine Trew 6:57.4



LANDRY'S ROAD, LOCKWOOD – 21ST MAY 2016

(62 Competitors)

Raffle Donor: Madison Hill

Raffle Winners: Ross Douglass (Uni), Gary Toomey (Uni), Gina Hilson

The Champions Supa IGA South Bendigo Athletic Club run number 6 took place at Landry's Road in Lockwood.

The Intersports Bicknell's 8km saw Darren Hartland came in to take 1st place with a time of 31.13, which was the fastest for the day. He was followed by Peter Noden and Peter LeBusque.

Teleah Hayes took Fastest time honours for the girls.

In the Skinners Plaster and New China Restaurant 3km run it was young runner Sasha Pearce who came across the line for a win in her first ever 3km run with a time of 15.09. Followed Closely by Aaron Norton and Oscar Fox taking our the remaining placings. Fastest time Honours were awarded to Jake Hilson and Yazmin Hayes.

The Reilly's Home appliances 1500m Jemma Norton made an outstanding run to come in first with a time of 8.17, followed by Sandy Giampietro and younger brother Kai Norton. Fastest Time was awarded to Zahra Hayes with 5.30 who for the first time started the run with younger sister Yazmin and came out to beat her across the line by 1 second. Fastest Male was awarded to Aaron Norton who continues to prove that he is a strong competitor.

Bendigo Toy world's 800m saw a large field of 16 under 10's children eager and ready to run. Dylan Nolan came out on top with a time of 3.20, followed by another strong run from the Norton siblings with Jemma coming in second followed by Kai in third place.

Fastest female was awarded to Megan Wilson, and Fastest Time awarded to Logan Tickell.

Results: Club run #6 Landry's Rd 21st May

8km: Intersports Bicknell's: Darren Hartland 31.13 (Fastest Time), Peter Noden 33.19, Peter LeBusque 36.48, Teleah Hayes 32.13 (Fastest Female), Lara Pearce 43.42, Peter Curtis Jnr 36.56, Tom Noden 33.47, Greg Hilson 35.26.

Skinner's Plaster and New China Restaurant 3km: Sasha Pearce 15.09, Aaron Norton 12.15, Oscar Fox 12.17, Jayne Norton 16.10, Ben Wallace 11.56, Nick Wallace 12.34, Madison Hill 13.26, Matt Barkla 15.21, Damian Pearce 11.37, Jake Hilson 10.34 (Fastest Time), Yazmin Hayes 11.48 (Fastest Female), Keely Farnell 17.39, Amanda Worthington 14.45, Carol Coad 15.58, Annette Curtis 20.44, Eli Pearce 12.33, John Justice 16.44, Leigh Browell 13.38, Kaitlyn Bryce 16.29, Peter Hayes 16.43, Sharon Wallace 17.27.

Reilly's Home Appliances 1500m: Jemma Norton 8.17, Sandy Giampietro 10.44, Kai Norton 7.38, Jett Patullo 5.52, Zahra Hayes 5.30 (Fastest Time), Yazmin Hayes 5.31, Aaron Norton 5.33 (F.T.), Logan Tickell 5.57, Megan Wilson 6.22, Thomas Fox 8.23, Kyle Hilson 6.15, Maiya Pearce 7.39, Colin Fox 7.41, Maria Bryce 8.44, Madison Bryce 8.49, Anthony Johns 11.41, Leigh Browell 6.48.

Bendigo Toyworld 800m: Dylan Nolan 3.20, Jemma Norton 3.55, Kai Norton 3.37, Charlie Fox 4.58, Megan Wilson 3.03 (Fastest Female), Logan Tickell 3.00 (Fastest Time), Paige Simmie 3.50, Kate Wilson 3.37, Scarlett Oxlade 5.37, Sam Noden 3.23, Chelsea Tickell 3.40, Thomas Fox 4.10, Kai Pearce 3.40, Amber Fox 3.56, Max Simmie 5.49, Yasmine Trew 5.24.

BENDIGO HARRIERS INVITATION
PONY CLUB, MANDURANG – 28TH MAY 2016
 (24 Club Competitors)

RESULTS:

8000m –	U20	Teleah Hayes 1st 32.01	
	40+ Men	Greg Hilson 5 th 33.05	Neil Bowe 9 th 37.30
	Open Men	Peter Curtis 4 th 35.46	
	40+ Women	Donna Bowe 5 th 43.36	
3000m -	Open Men	Rhys Lias 1 st 10.48	Aaron Norton 2 nd 12.50
		Leigh Browell 3 rd 13.24	Peter Hayes 13 th 16.30
		John Justice 14 th 17.04	
	U14 Girls	Taryn Furletti 1st 11.27	Yazmin Hayes 2 nd 12.14
	Open Women	Sophie Hawken 1 st 12.26	Amanda Worthington 4 th 15.08
1000m -	U12 Boys	Oscar Fox 1 st 3.38	
	U12 Girls	Megan Wilson 1 st 3.47	
	Open Men	Geoff Dalrymple 2 nd 6.31	
500m -	U10 Boys	Levi Bowe 3 rd 1.58	Asher Bowe 5 th 2.06 Kai Norton 6 th 2.08
	U10 Girls	Kate Wilson 1 st 2.00	Amber Fox 2 nd 2.06
		Jemma Norton 4 th 2.32	Phoenix Hall 5 th 2.46



HEINZ STREET – ALL WINNERS
HEINZ STREET, WHITE HILLS – 4TH JUNE 2016

(63 Competitors)

Raffle Donor: Peter & Caitlyn Curtis

Raffle Winner: Tickell Family

The Champions Supa IGA South Bendigo Athletic Club run number 7 took place at Heinz Street in White Hills. Despite the wet and muddy conditions, the number of athletes out having a run was impressive.

The Intersports Bicknell's 6.5km saw the lead taken from Lara Pearce in the last 300m of the run, she did however manage to hold onto her placing of third and fastest female time. She was beaten across the line by Peter Noden who took race honours and Neil Bowe. Fastest time was awarded to Daniel Plowright who has made a return to the club after a stay in Europe.

In the Skinners Plaster and New China Restaurant 3km run it was Club Veteran Annette Curtis who came across the Line for her first win of the season. She was followed closely by Will Noden and Chris Timewell. Fastest Time honours went to Rhys Lias who since his return has had a strong season and Fastest Female went to Yazmin Hayes who has been consistent in winning this honour this year so far.

The Reilly's Home appliances 1500m saw a very close line finish for all of our athletes. Coming in first with a spectacular sprint to the line was Joan Self, followed by Asher Bowe who ran the distance for the first time. Third place was taken by Geoff Dalrymple. Fastest Time was awarded to Yazmin Hayes once again and Fastest Male went to Aaron Norton.

Bendigo Toy world's 800m saw front marker Max Simmie come across the line First for his second run of the season, followed by Phoenix Hall and sister Paige Simmie. Fastest Time was Logan Tickell who broke the 3min mark and Sasha Pearce took the Fastest Time for the females.

Results: Club Run #7– Heinz Street

Intersports Bicknell's 6.5km: Peter Noden 26.21, Neil Bowe 29.54, Lara Pearce 34.23 (F.Female), Peter Curtis Jnr 28.45, Donna Bowe 35.29, Tom Noden 26.03, Greg Hilson 26.48, Peter LeBusque 30.40, Daniel Plowright 25.31 (Fastest Time).

Skinners Plaster and New China Restaurant 3km: Annette Curtis 19.48, Will Noden 12.04, Chris Timewell 13.14, Yazmin Hayes 11.34 (Fastest Female), Rhys Lias 10.26 (Fastest Time), Oscar Fox 12.08, Amanda Worthington 14.49, Leigh Browell 12.21, Nick Wallace 12.53, Ben Wallace 12.21, Megan Wilson 14.08, Aaron Norton 12.51, Zackery Tickell 12.55, Carol Coad 16.14, John Justice 16.34, Kaitlyn Bryce 15.32, Peter Hayes 16.32, Eli Pearce 15.07

Reilly's Home Appliances 1500m: Joan Self 9.14, Asher Bowe 7.04, Geoff Dalrymple 10.31, Chris Timewell 5.59, Kai Norton 7.47, Lexi Hall 7.14, Yazmin Hayes 5.34 (Fastest Time), Sasha Pearce 7.15, Jett Patullo 5.53, Aaron Norton 5.39 (Fastest Male), Zackery Tickell 5.55, Logan Tickell 6.01, Sandy Giampietro 11.08, Zahra Hayes 5.44, Leigh Browell 5.57, Maria Bryce 8.34, Kyle Hilson 6.27, Donna Bowe 7.43, Levi Bowe 8.03, Colin Fox 7.59, Thomas Fox 9.05, Anthony Johns 12.44

Bendigo Toyworld 800m: Max Simmie 5.14, Phoenix Hall 4.32, Paige Simmie 3.47, Sasha Pearce 3.23 (Fastest Female), Logan Tickell 2.59 (Fastest Time), Sam Noden 3.27, Chelsea Tickell 3.37, Asher Bowe 3.36, Kai Pearce 3.36, Levi Bowe 3.42, Kai Norton 3.59, Thomas Fox 4.12, Amber Fox 3.57, Yasmine Trew 5.37

MANDURANG OVAL, MANDURANG 18TH JUNE 2016

(43 Competitors)

Raffle Donor: Worthington Family

Winners: Teleah Hayes, Greg Hilson, Curtis Family

The Champions Supa IGA South Bendigo Athletic Club run number 8 took place at Mandurang Oval on Saturday the 18th of June.

The Intersports Bicknell's 5km saw Matt Barkla come out on top for his second run in the Longer Distance. He was followed by Will Noden and Neil Bowe. Fastest Time went to Daniel Plowright and fastest female to Kaitlyn Bryce.

In the Skinners Plaster and New China Restaurant 3km run it was Annette Curtis who defied the odds and produced another winning run, two in a row, with second being taken by George Austin and third place awarded to Amanda Worthington. Fastest Time was Tom Noden and Fastest Female Sophie Hawken.

In the Reilly's Home appliances 1500m Joan Self who has been doing some solid training came in first following Annette's lead and winning the last two races. Second and third places Asher Bowe and Sandy Giampietro. F. Time went to Daniel Plowright and F.Female was Zahra Hayes.

Bendigo Toy world's 800m saw a small field this week with only 6 runners braving the cold conditions, with a close run to the finish Levi Bowe came in with a win followed very closely by Kai Norton and Logan Tickell. Logan also took Fastest time honours with sister Chelsea taking the ribbon for Fastest Female.

Results: Club Run #8 Mandurang Oval

Intersports Bicknell's 5km: Matt Barkla 27.38, Will Noden 20.53, Neil Bowe 22.58, Peter LeBusque 23.03, Daniel Plowright 19.11 (Fastest Time), Matthew LeNepvue 20.22, Peter Noden 20.56, Peter Curtis Jnr 22.51, Kaitlyn Bryce 29.41 (Fastest Female).

Skinners Plaster and New China Restaurant 3km: Annette Curtis 19.07, George Austin 19.30, Amanda Worthington 14.40, Sophie Hawken 13.01 (Fastest Female), Jayne Norton 16.26, Oscar Fox 12.10, Carol Coad 16.26, Leigh Browell 12.54, Peter Hayes 15.56, Tom Noden 11.28 (Fastest Time), John Justice 16.43, Madison Hill 15.26, Keely Farnell 19.16, Zackery Tickell 16.43.

Reilly's Home Appliances 1500m: Joan Self 9.02, Asher Bowe 6.48, Sandy Giampietro 10.47, Kai Norton 7.41, Aaron Norton 5.33, Oscar Fox 5.55, Logan Tickell 5.55, Zahra Hayes 5.40 (Fastest Female), Matthew LeNepvue 5.32, Kyle Hilson 6.29, Anthony Johns 11.19, Daniel Plowright 5.15 (Fastest Time), Maria Bryce 8.39, Levi Bowe 8.30.

Bendigo Toyworld 800m ; Levi Bowe 3.25, Kai Norton 3.40, Logan Tickell 3.01 (Fastest Time), Asher Bowe 3.31, Chelsea Tickell (Fastest Female), Sam Noden 3.41



Woodvale Classic 2016 25th JUNE 2016

WOODVALE RECREATION RESERVE

(44 Club Competitors)

Raffle Donor: Club

Raffle Winners: Ian Carmichael, Natasha Ellerton, Tickell Family

6500 metres

Name	Category	Club	Time	Overall Place	Category Place
Matthew Heislars	Under 20 Men	University	21.53	1	1
Ben Fahey	Open Men 20-39	Invitation	22.35	2	1
Peter Rice	Open Men 20-39	Harriers	22.59	3	2
Kye Jenkyn	Under 20 Men	Harriers	23.06	4	2
Andrew Creer	Men 40-49	University	23.31	5	1
Peter Cowell	Men 50-59	Harriers	23.36	6	1
Ben Stolz	Open Men 20-39	Harriers	23.53	7	3
Daniel Plowright	Open Men 20-39	South Bendigo	24.19	8	4
Teleah Hayes	Under 20 Women	South Bendigo	24.31	9	1
Darren Hartland	Men 40-49	University	24.37	10	2
Jordan Buckell	Under 20 Men	Harriers	24.37	11	3
John Robinson	Men 40-49	University	24.44	12	3
Craig Green	Men 40-49	University	24.53	13	4
Dylan Ferguson	Open Men 20-39	Eaglehawk	25.49	14	5
Luke Matthews	Open Men 20-39	Harriers	26.09	15	6
Victor Cook	Men 50-59	Harriers	26.12	16	2
Ian Wellard	Men 40-49	Harriers	26.26	17	5
Mick Hobson	Men 40-49	Harriers	26.54	18	6
Rebecca Wilkinson	Open Women 20-39	University	27.04	19	1
Ross Evans	Men 50-59	Harriers	27.45	20	3
Wes Jenkyn	Men 40-49	Harriers	27.50	21	7
Ben McDermid	Men 40-49	University	27.56	22	8
David Heislars	Open Men 20-39	University	28.05	23	7
Alan Buchanan	Men 60+	University	28.16	24	1
Leon Gilbert	Men 60+	Harriers	28.23	25	2
Chris Giffin	Open Men 20-39	University	28.29	26	8
Paul Bennett	Men 60+	Harriers	28.38	27	3
Kevin Shanahan	Men 60+	Eaglehawk	28.49	28	4
David Grimes	Men 50-59	Harriers	29.23	29	4
Gavin Fiedler	Men 60+	University	29.30	30	5
Justin Lee	Men 40-49	University	29.54	31	9
Alice Wilkinson	Open Women 20-39	Harriers	30.09	32	2
Jenny Buchanan	Women 50+	University	30.10	33	1
Paul Lomax	Open Men 20-39	University	30.11	34	9
Ross Douglas	Men 50-59	University	31.14	35	5
Hunter Gill	Men 60+	Harriers	31.39	36	6
Craig Graham	Men 50-59	Eaglehawk	32.57	37	6
Brett Houlden	Men 50-59	University	33.08	38	7
Brian Cornell	Men 60+	Eaglehawk	33.17	39	7
Kevin deVries	Men 40-49	University	33.55	40	10
Maree Platt	Women 40-49	University	33.55	41	1
Harvey Gibbs	Under 20 Men	Harriers	34.03	42	4
Chloe Green	Under 20 Women	Harriers	34.07	43	2
Donna Bowe	Women 40-49	South Bendigo	35.06	44	2
Lara Pearce	Open Women 20-39	South Bendigo	35.14	45	3
Kaitlyn Bryce	Under 20 Women	South Bendigo	36.08	46	3
Jenny McArthur	Women 40-49	Invitation	36.23	47	3
Emily Heislars	Under 20 Women	Eaglehawk	36.54	48	4
Carol Coad	Women 50+	South Bendigo	37.09	49	2
Nadene Macdonald	Open Women 20-39	Harriers	37.24	50	4
Paul Martin	Men 60+	Harriers	37.26	51	8

3200 metres

Name	Category	Club	Time	Overall Place	Category Place
Ben Powell	Under 16 Boys	Harriers	11.31	1	1
Craig Feuerherdt	Invitation Men	University	11.35	2	1
Taryn Furletti	Under 14 Girls	South Bendigo 11.36	3	1	1
Ned Buckell	Under 14 Boys	Harriers	11.58	4	1
Matt LeNepveu	Invitation Men	South Bendigo 12.03	5	2	2
Jacob Buckell	Under 16 Boys	Harriers	12.17	6	2
Yazmin Hayes	Under 14 Girls	South Bendigo 12.22	7	2	2
Bridie Blake-Burrows	Under 16 Girls	University	12.32	8	1
Ben Wallace	Under 14 Boys	South Bendigo 12.33	9	2	2
Tullie Rowe	Under 14 Girls	University	12.36	10	3
Sophie Hawken	Invitation Women	South Bendigo 12.39	11	1	1
Harrison Boyd	Under 14 Boys	Harriers	12.48	12	3
David Lonsdale	Invitation Men	University	13.11	13	3
Brad Hinton	Invitation Men	Eaglehawk	13.30	14	4
Peter LeBusque	Invitation Men	South Bendigo 13.38	15	5	5
Zahli Drummond	Under 14 Girls	Harriers	13.44	16	4
Luke Drummond	Invitation Men	Harriers	13.56	17	6
Melissa Douglas	Invitation Women	University	14.00	18	2
Alia Melgin-Hill	Invitation Women	Eaglehawk	14.20	19	3
Frank Gibbs	Under 16 Boys	Harriers	14.24	20	3
Geoff Jordan	Invitation Men	Harriers	14.26	21	7
Max Rowe	Under 14 Boys	University	14.38	22	4
James Toomey	Under 14 Boys	University	14.44	23	5
Madison Hill	Under 16 Girls	South Bendigo 14.45	24	2	2
Tom Noden	Invitation Men	South Bendigo 14.48	25	8	8
Mitch Graham	Under 16 Boys	Eaglehawk	14.55	26	4
Yvette Tuohey	Invitation Women	Harriers	15.09	27	4
Daniel Chisholm	Under 14 Boys	Eaglehawk	15.09	28	6
Beatrice Lonsdale	Under 14 Girls	University	15.15	29	5
Darren Rowe	Invitation Men	University	15.22	30	9
David Howes	Invitation Men	University	15.25	31	10
Amanda Worthington	Invitation Women	South Bendigo 15.26	32	5	5
Mark Boyd	Invitation Men	Harriers	15.36	33	11
Lydia Melgin-Hill	Under 16 Girls	Eaglehawk	15.38	34	3
Kyle Hilson	Invitation Men	South Bendigo 15.42	35	12	12
Jessica Chisholm	Under 14 Girls	Eaglehawk	15.44	36	6
Matt Barkla	Invitation Men	South Bendigo 16.16	37	13	13
Peter Hayes	Invitation Men	South Bendigo 17.06	38	14	14
Kathryn Hinton	Invitation Women	Eaglehawk	17.37	39	6
Josephine Robinson	Invitation Women	University	17.50	40	7
Kelly Buckell	Invitation Women	Harriers	18.19	41	8
Samuel Graham	Under 14 Boys	Eaglehawk	18.23	42	8
Nathan Jones-Stibbe	Under 14 Boys	Harriers	18.24	43	7
Wendy Stibbe	Invitation Women	Harriers	18.25	44	9
Olivia Graham	Under 16 Girls	Eaglehawk	18.29	45	4
Greg Toomey	Invitation Men	University	19.02	46	15
Luke Creer	Under 14 Boys	University	19.08	47	9
Robyn Powell	Invitation Women	Harriers	19.42	48	10
Jayne Norton	Invitation Women	South Bendigo	DNF	DNF	11
Lexi Hall	Under 14 Girls	South Bendigo	DNF	DNF	7

1000 metres

Name	Category	Club	Time	Overall Place	Category Place
Peter Curtis Jnr	Invitation Male	South Bendigo	3.07	1	1
Eli Pearce	Under 12 Boys	South Bendigo	3.28	2	1
Caleb Gilbert	Under 12 Boys	Invitation	3.30	3	2
Zachary Tickell	Under 12 Boys	South Bendigo	3.31	4	3
Alex Wallace	Under 12 Boys	South Bendigo	3.36	5	4
Oscar Fox	Under 12 Boys	South Bendigo	3.37	6	5
Logan Tickell	Under 10 Boys	South Bendigo	3.38	7	1
Leigh Browell	Invitation Male	South Bendigo	3.44	8	2
Jett Patullo	Under 12 Boys	South Bendigo	3.49	9	6
Jayda Drummond	Under 12 Girls	Harriers	3.50	10	1
Megan Wilson	Under 12 Girls	South Bendigo	3.52	11	2
Connor Bedson	Under 12 Boys	University	3.53	12	7
Carissa Brook	Invitation Female	University	3.55	13	1
Axel Drummond	Under 10 Boys	Harriers	3.59	14	2
Lachlan Feuerherdt	Under 12 Boys	University	3.59	15	8
Keely Fullarton	Under 12 Girls	Eaglehawk	4.00	16	3
Tim Creer	Under 10 Boys	University	4.09	17	3
Phoebe Lonsdale	Under 12 Girls	University	4.09	18	4
William Robinson	Under 10 Boys	University	4.16	19	4
Sasha Pearce	Under 10 Girls	South Bendigo	4.19	20	1
Luke Feuerherdt	Under 10 Boys	University	4.22	21	5
Asher Bowe	Under 10 Boys	South Bendigo	4.24	22	6
Chelsea Tickell	Under 10 Girls	South Bendigo	4.26	23	2
Kai Pearce	Under 10 Boys	South Bendigo	4.31	24	7
Avery McDermid	Under 10 Boys	University	4.31	25	8
Thomas Fox	Under 10 Boys	South Bendigo	4.33	26	9
Colin Fox	Invitation Male	South Bendigo	4.34	27	3
Joshua Feuerherdt	Under 10 Boys	University	4.34	28	10
Jane Norton	Invitation Female	South Bendigo	4.37	29	2
Toni Phillips	Invitation Female	Eaglehawk	4.40	30	3
Kate Wilson	Under 10 Girls	South Bendigo	4.42	31	3
Maiya Pearce	Under 12 Girls	South Bendigo	4.45	32	5
Levi Bowe	Under 10 Boys	South Bendigo	4.50	33	11
Kai Norton	Under 10 Boys	South Bendigo	4.52	34	12
Bethany Warlord	Under 10 Girls	Invitation	4.55	35	4
Amber Fox	Under 10 Girls	South Bendigo	4.58	36	5
Melissa Douglas	Invitation Female	University	5.01	37	4
Phoebe Martin	Under 10 Girls	University	5.03	38	6
Tadhg Hughan	Under 10 Boys	University	5.06	39	13
Cale Hinton	Under 10 Boys	Eaglehawk	5.06	40	14
Lucius Steven	Under 10 Boys	South Bendigo	5.16	41	15
Eden Howes	Under 10 Girls	University	5.20	42	7
Jemma Norton	Under 10 Girls	South Bendigo	5.24	43	8
Jordan MacDonald	Under 10 Boys	Harriers	5.30	44	16
Delaney Boyd	Under 10 Girls	Harriers	5.32	45	9
Phoenix Hall	Under 10 Girls	South Bendigo	5.43	46	10
Jonty McDermid	Under 10 Boys	University	5.53	47	17
Natasha Fullerton	Invitation Female	Eaglehawk	6.13	48	5
Olivia Douglas	Under 10 Girls	University	6.13	49	11
Sean Hughan	Under 10 Boys	University	6.24	50	18
Wendy Ennor	Invitation Female	Eaglehawk	6.41	51	6
Belle Howes	Under 10 Girls	University	6.46	52	12
Yasmine Trew	Under 10 Girls	South Bendigo	7.07	53	13
Ruby Douglas	Under 10 Girls	University	9.40	54	14
Drake Barkla	Under 10 Boys	South Bendigo	14.05	55	19

CROSS COUNTRY CLUB RELAYS
CATHOLIC COLLEGE, JUNORTOUN – 2ND JULY 2016

(49 Competitors)

Raffle Donor: Worthington Family

Raffle Winners: Teleah Hayes, Greg Hilson, Curtis Family

South Bendigo AC conducted their annual club cross country relays at Catholic College Junorton. The course for the event, sponsored by Hilson Builders, had to be altered due to the recent rains and instead of a 1500m loop on the ovals was changed to a 1km loop partially through the bush. This was a very good change as it added to the spectacle of the event.

The concept is for teams to be selected at random with handicap starts. This made the race interesting as the likely winners were not able to be worked out until all the teams were on the final 1km loop.

A feature was the improved times for several of the athletes as the nature of the race with teams pushed them that little bit harder. With a lap to go it looked like Daniel Plowright would have the strength to get his team up however young Ben Wallace, much to the joy of his fellow team members Yazmin Hayes, Maria Bryce and lead off runner Amber Fox held on with a big PB over the 3k. In the end less than a minute separated the top six teams for the total 9km.

The other event on the day was the 1 lap 2 x 500m family relay. Teams of mums and dads, sons and daughters, sisters and brothers and a couple extras. In the end in the "helter skelter" finish it was mum and daughter team of Tenille and Madison Hill who were clear winners.

The day was finished off with the gourmet soups and sausage rolls - perfect for the chilly weather.

Running Order 1km, 2km, 3km, 3km: Handicap Start

1st: 40.03:	Ben Wallace 3km 11.39, Amber Fox 1km 4.54.	Yazmin Hayes 3km 11.39,	Maria Bryce 2km 11.01,
2nd: 40.24:	Daniel Plowright 3km 10.48, Megan Wilson 2km 8.35,	Amanda Worthington 3000 14.19, Yasmine Trew 1km 6.37.	
3rd: 40.41.	Tom Noden 3km 10.47, Annette Curtis 2km 12.03,	Leigh Browell 3km 12.13, Asher Bowe 1km 4.23.	
4th 40.45.	Aaron Norton 3km 12.18, Joan Self 1km 5.41.	Madison Hill 3km 13.26,	Kaitlyn Bryce 2km 9.20,
5th 40.58.	Peter LeBusque 3km 12.52, Levi Bowe 1km 4.53.	Matt Barkla 3km 14.45,	Zahra Hayes 2km 7.43,
6th 41.00.	Peter Noden 3km 11.29, Sandy Giampietro 1km 6.50.	Peter Hayes 3km 15.33,	Peter Curtis Jnr 2km 7.08,
7th 41.09.	Oscar Fox 3km 12.18, Sam Noden 1km 4.17.	Sophie Hawken 3km 12.59,	John Justice 2km 10.35,
8th 41.12.	Will Noden 3km 11.26. Jemma Norton 1km 5.18.	Donna Bowe 3km 15.04,	Jett Pattulo 2km 8.14,
9th 41.14.	Adam Parker 3km 10.18, Alex Wallace 1km 3.40,	Neil Bowe 3km 13.07, Thomas Fox 1km 4.30.	Kyle Hilson 2km 8.59,
10th 41.26.	Rhys Lias 3km 10.13, Kai Norton 1km 4.50.	Kerry Anne Hocking 3km 14.40,	Colin Fox 2km 11.20,
11th 41.49.	Jesse Noden 3km 11.02, Kate Wilson 1km 4.41.	Jenny McArthur 3km 15.10,	Jayne Norton 2km 10.21,

South Bendigo Family Relays 2 x 500m:

1st : Madison and Tennille Hill 3.55 2nd : Jesse and Will Noden 2.53 3rd : Oscar and Thomas Fox 3.51
4th Maria and Kaitlyn Bryce 3.57 5th Neil and Asher Bowe 3.42 6th Amber and Colin Fox 4.12
7th Nigel and Joan Self 3.43 8th Aaron and Kai Norton 3.44 9th Tom and Sam Noden 3.24
10th Jayne and Jemma Norton 4.17 11th Daniel and James Plowright 3.28
12th Peter Curtis Jnr and Caitlyn Tozer 3.49 13th Peter LeBusque and Adam Parker 3.20
14th Rhys Lias and Jett Pattulo 3.06 15th Donna and Levi Bowe 4.19
16th Annette Curtis and Jessica Oxlade 4.31 17th Megan and Kate Wilson 4.03
18th Ben and Alex Wallace 3.40 19th Vicki and Charli Fox 6.24 20th. Drake and Matt Barkla 8.31

FIRST: Ben Wallace Amber Fox Maria Bryce Yazmin Hayes



SECOND:
Megan Wilson
Yasmine Trew
Daniel Plowright
Amanda Worthington



WINNER FAMILY RELAY:
Tennille and Madison Hill



THIRD:
Leigh Browell
Annette Curtis
Asher Bowe
Tom Noden

FOURTH:
Joan Self
Kaitlyn Bryce
Aaron Norton
Madison Hill



FIFTH:
Zahra Hayes
Levi Bowe
Matt Barkla
Peter LeBusque

SIXTH:

Peter Curtis Jnr
Peter Hayes
Peter Noden
Sandy Giampietro



SEVENTH:

John Justice
Oscar Fox
Sophie Hawken
Sam Noden



EIGHTH:

Jett Patullo
Donna Bowe
Will Noden
Jemma Norton





NINTH:
Adam Parker
Kyle Hilson
Thomas Fox
Neil Bowe
Alex Wallace

TENTH:
Rhys Lias
Colin Fox
Kai Norton
Kerry Anne Hocking



ELEVENTH:
Jayne Norton
Jenny McArthur
Kate Wilson
Jesse Noden

COMBINED RUN NOTLEYS RESERVE, WHIPSTICK, 9TH JULY 2016

(36 Competitors)

Raffle Donor: Peter Barrett

Raffle Winner: Greg Hilson

The Champions Supa IGA South Bendigo Athletic Club run number 9 took place at Notley's Reserve Whipstick on Saturday the 9th of July.

The Intersports Bicknell's 8km saw only a duo of runners. Peter Noden came across the Line first with a time of 32.34 and Daniel Plowright was second and Fastest with 31.05.

In the Skinners Plaster and New China Restaurant 3km long serving Vice President Amanda Worthington charged over the line for her first victory for the year, Rookie club member Jayne Norton secured 2nd place ahead of Carol Coad who outsprinted young Will Noden to place 3rd. Will consolidating his loss by taking fastest time honours along with Yazmin Hayes.

The Reilly's Home appliances 1000m had front marker Lucius Stevens lead from start to finish unchallenged with 2nd placed Nick Wallace almost a minute behind, Sam Noden continued the Noden dominance of the day by finishing 3rd. Back markers Peter Curtis Jnr and Sophie Hawken raced home for fastest time honours.

Bendigo Toy world's 500m was hotly contested with all runners within 30 seconds of each other. Thomas Fox headed the field to take home his first win for the season, with younger sister Charlie Fox placing 2nd beating home Paige Simmie. Back marker Sam Noden taking fastest time with Amber Fox edging out Kate Wilson for fastest female by less than 1 second.

Results: Club Run #9- Notley's Reserve Whipstick 9th of July

Intersports Bicknell's 8km - Peter Noden 32.34 and Daniel Plowright 31.06 (Fastest Time).

Skinners Plaster and New China Restaurant 3km - Amanda Worthington 14.03, Jayne Norton 15.51, Carol Coad 15.28, Will Noden 11.19 (Fastest Time), Yazmin Hayes 11.20 (Fastest Female), Ben Wallace 11.37, Kaitlyn Bryce 14.40, Oscar Fox 11.58, Megan Wilson 13.55, John Justice 16.06, Annette Curtis 18.54, Aaron Norton 12.46, Alex Wallace 12.16, Peter Hayes 16.07

Reilly's Home Appliances 1000m - Lucius Stevens 5.26, Nick Wallace 3.42, Sam Noden 4.08, Thomas Fox 4.34, Sophie Hawken 3.37 (Fastest Female), Colin Fox 4.34, Kyle Hilson 3.51, Peter Curtis Jnr 3.12 (Fastest Time), Madison Bryce 5.04, Amber Fox 5.23, Kai Norton 5.25.

Bendigo Toy World 500m - Thomas Fox 2.04, Charlie Fox 2.53, Paige Simmie 2.13, Amber Fox 2.09 (Fastest Female), Kate Wilson 2.09, Sam Noden 2.00 (Fastest Time), Kai Norton 2.12, Yasmine Trew 3.02, Max Simmie 3.17.

EAGLEHAWK INVITATION, LAKE NEANGER 16TH JULY 2016

(28 Club Competitors)

RESULTS: 5000m: Open Men Daniel Plowright 3rd 17.55. Open Women Kaitlyn Bryce 6th 27.02
U18 Men Alex Wallace 5th 20.48
40+ Men Chris Timewell 7th 20.55 Leigh Browell 9th 21.34 Neil Bowe 11th 22.32
50+ Men Peter LeBusque 6th 21.11. 50+ Women Carol Coad 1st 27.02
2500m: U16 Girls Taryn Furletti 1st 8.37 Madison Hill 5th 11.05
Open Men Tom Noden 1st 8.34 Aaron Norton 3rd 9.51 Leigh Browell 4th 10.22
Open Women Sophie Hawken 2nd 9.26 Amanda Worthington 4th 11.27
1.06km U10 Boys Logan Tickell 1st 3.55 Asher Bowe 5th 4.42 Thomas Fox 7th 4.50
(1 lap) Levi Bowe 11th 5.11 Kai Norton 17th 6.01
U10 Girls Chelsea Tickell 1st 4.33 Kate Wilson 3rd 4.56 Jemma Norton 6th 5.32
U14 Boys Eli Pearce 1st 3.38 Nicholas Wallace 2nd 3.45 Oscar Fox 3rd 3.52
U14 Girls Megan Wilson 2nd 3.590
500m: U7 Girls Charlie Fox 2nd 2.52

PEARCE'S ROAD, MANDURANG , 23RD July 2016

(53 Competitors)

Raffle Donor: Chris Timewell & Lisa Minchin

Raffle Winner: John Justice

South Bendigo Athletic Club held club run 10 at the dreaded hills of Pearce's Rd Mandurang, the athletes were met with cold and windy conditions making it a perfect cross country day with the muddy and wet mountainouslike course suiting more experienced runners.

In the **Intersports Bicknell's** 6500m back marker Daniel Plowright raced home to take 1st place also claiming fastest time honours ahead of Peter LeBusque with Peter Noden rounding out the places Teleah Hayes being the fastest female.

It was a family affair in the **New China Restaurant and Skinners Plaster** 3000m with youngster Eli Pearce winning his first race of the year edging out his father Damian Pearce also taking his highest place for the season. Only 2 seconds separated 3rd from 4th with Jayne Norton taking home bragging rights over husband Aaron. Rhys Lias and Madison Hill Taking out the fastest time honours respectively.

In the under-age **Bendigo Toy World** 800m Charlie Fox led from start to finish on the difficult course holding off Sasha Pearce who also taking the fastest time award, Thomas Fox following close behind to finish 3rd over the line, Kai Pearce taking home his second fastest time for the year.

The **Reilly's Home Appliances** 1500m saw the largest field of runners take to the course with Thomas Fox making it an excellent day for himself claiming the win in the open race only just holding off Nick Wallace taking his second placing in as many weeks, with Rhys Lias taking the final place and also his 2nd fastest time honours for the day, Zahra Hayes claiming the Fastest female award.

Results: Club Run # 10 - 23rd July

Intersports Bicknell's 6.5km: Daniel Plowright 24.36 (Fastest Time), Peter LeBusque 30.03, Peter Noden 27.06, Donna Bowe 36.04, Neil Bowe 31.16, Teleah Hayes 26.54 (Fastest Female), Lara Pearce 36.39.

Skinners Plaster and New China Restaurant 3km: Eli Pearce 11.57, Damian Pearce 11.55, Jayne Norton 16.27, Aaron Norton 12.55, Rhys Lias 10.46 (Fastest Time), Tom Noden 11.13, Annette Curtis 19.27, Peter Hayes 17.06, Madison Hill 14.33 (Fastest Female), Amanda Worthington 14.59, Adam Boldiston 15.03, Ben Wallace 15.06, Alex Wallace 15.17, Leigh Browell 15.39.

Reilly's Home Appliances 1500m: Thomas Fox 7.59, Nick Wallace 5.53, Rhys Lias 4.53 (F.Time), Sandy Giampietro 10.57, Zahra Hayes 5.43 (Fastest Female), Maiya Pearce 7.24, Peter Curtis Jnr 5.30, Joan Self 9.12, Aaron Norton 5.55, Daniel Plowright 5.16, Colin Fox 7.58, Carol Coad 7.40, Maria Bryce 8.49, Leigh Browell 6.37, Donna Bowe 8.18, Sheridan Commons 10.06, Kyle Hilson 7.06, Finnegan Miller 8.31, Caitlyn Tozer 11.13, Kai Norton 9.33, Jemma Norton 10.13.

Bendigo Toy World 800m

Charlie Fox 4.52, Sasha Pearce 3.23 (Fastest Time), Thomas Fox 4.45, Kai Pearce (Fastest Male), Asher Bowe 3.48, Sam Noden 3.39, Kai Norton 4.03, Finnegan Miller 4.06, Amber Fox 4.03, Levi Bowe 3.44, Jemma Norton 4.35.

VICTA ROAD, EAST BENDIGO - 30TH JULY 2016

(50 Competitors)

Raffle Donor: Dalrymple Family
Raffle Winner: Peter Curtis Snr, Sandy Giampietro, Zahra Hayes

Sealed Handicap Results

30th of July

All Sealed Handicaps were sponsored by Hairem Scarem

6.5km:- Matt Barkla 34.31, Peter Noden 25.47, Sophie Hawken 30.58, Lara Pearce 34.16, Peter Curtis Jnr 27.42, Daniel Plowright (Fastest Time) 24.12, Tom Noden 25.00, Aaron Norton 29.43, Neil Bowe 30.25, Teleah Hayes (Fastest Female) 25.23, Greg Hilson 27.34, Rhys Lias 26.54, Kyle Hilson 36.31.

3km;- Maria Bryce 17.56, Yazmin Hayes 11.24 (Fastest Female), Will Noden 11.19 (Fastest Time), Jayne Norton 15.59, Nick Wallace 12.50, Zahra Hayes 12.19, Carol Coad 16.01, Peter Hayes 15.41, Donna Bowe 15.13, Madison Hill 14.03, Amanda Worthington 14.39, Kaitlyn Bryce 15.46, Madison Bryce 19.22.

1500m:- Sandy Giampietro 10.38, Annette Curtis 8.55, Ben Wallace 5.42 (Fastest Time), Colin Fox 7.25, Thomas Fox 7.37, Oscar Fox 6.00, Megan Wilson 6.25 (Fastest Female), Nick Wallace 5.57, Maiya Pearce 8.11, Jayne Norton 9.09, Kai Norton 9.03, Jemma Norton 9.47.

800m;- Kate Wilson 3.33, Asher Bowe 3.24, Sam Noden 3.21, Sasha Pearce 3.31 (Fastest Female), Thomas Fox 3.52, Kai Norton 4.02, Logan Tickell 3.12 (Fastest Time), Amber Fox 4.00, Charlie Fox 5.04, Jemma Norton 4.31, Levi Bowe 3.58, Drake Barkla 10.52.

CLUB CHAMPIONSHIPS

Under 8 Female

1st: Kate Wilson
2nd: Charlie Fox

Under 8 Male

1st: Sam Noden
2nd: Thomas Fox
3rd: Kai Norton
4th Drake Barkla

Under 10 Female:

1st: Sasha Pearce
2nd: Amber Fox
3rd: Jemma Norton

Under 10 Male:

1st: Logan Tickell
2nd: Asher Bowe
3rd: Levi Bowe

Under 12 Female

1st: Megan Wilson
2nd: Maiya Pearce

Under 12 Male

1st: Ben Wallace
2nd: Oscar Fox

Under 14 Female

1st Yazmin Hayes

Under 14 Male

1st: Nick Wallace

Under 16 Female:

1st: Zahra Hayes
2nd: Madison Hill

Under 18 Female

1st: Madison Bryce

Under 18 Male

1st: Will Noden

Under 20 Female

1st: Teleah Hayes
2nd: Kaitlyn Bryce

Under 20 Male

1st: Tom Noden
2nd: Rhys Lias
3rd: Kyle Hilson

Pre-Vet Men

1st: Aaron Norton

Pre-Vet Women

1st: Sophie Hawken
2nd: Lara Peace

Open Male:

1st: Daniel Plowright
2nd: Peter Curtis Jnr
3rd: Matt Barkla

40+ Women

1st: Amanda Worthington
2nd: Donna Bowe
3rd: Jayne Norton
4th: Maria Bryce

40+ Men

1st: Peter Noden
2nd: Greg Hilson
3rd: Neil Bowe

50+ Women

1st: Annette Curtis

50+ Men

1st: Peter Hayes

60+ Women

1st: Sandy Giampietro

KEITH HUDDLE MEMORIAL
KEN WUST RESERVE QUARRY HILL
6TH AUGUST 2016
(29 Club Competitors)

South Bendigo Athletes:

- 6Km- Open Men: Daniel Plowright 4th 21m41, Peter Curtis 6th 25m27, Aaron Norton 7th 26m02, Matt Barkla 8th 31m13,
U20 Women: Teleah Hayes 1st 22m31
40+ Men: Neil Bowe 8th 27m29,
Open Women: Lara Pearce 5th 31m15,
40+ Women: Donna Bowe 6th 31m15,
50+ Women: Carol Coad 3rd 32m56.
3km- U15 Women: Taryn Furletti 1st 10m52
U15 Men: Nick Wallace 5th 12m19
Open Men: Damian Pearce 2nd 11m31,
40+ Men: Leigh Browell 2nd 12m13, , Peter Hayes 4th 15m29, Colin Fox 5th 17m17.
1km- Invitation Male: Eli Pearce 1st 3.31
U12 Boys: Ben Wallace 1st 3m32, Oscar Fox 2nd 3m37, Alex Wallace 3rd 3m38,
U12 Girls: Megan Wilson 1st 3m47,
U10 Girls: Sasha Pearce 2nd 4m17, Kate Wilson 3rd 4m38, Amber Fox 4th 4m41,
Maiya Pearce 4m48, Charlie Fox 9th 6m35.
U10 Boys: Asher Bowe 4m20, Thomas Fox 6th 4m34, Kai Pearce 7th 4m51,
Kai Norton 10th 5m07,

SEALED HANDICAP PLACINGS: Aaron Norton 1st Donna Bowe 2nd Teleah Hayes 3rd

*****LADIES DAY AT ROCKY RISES – ALL WINNERS*****



**ROCKY
AUGUST**

(55

Raffle Donor:
Raffle Winners:

LADIES DAY

On the
distances for
won all the
The
a tough course
was the
distances.
was never
minute. By



the event was Carol Coad who also took a big slice out of her handicap.

Next event on the program was the 1km for under 10's. Here the younger of the Wilson sisters, Kate just held out her fast finishing sister Megan and Logan Tickell both fastest time girl and boy respectively.

The short distance for open athletes over 2km shaped as a test for those who usually run 1500m however again it was a front marker, Sandy Giampietro, who improved her estimated time and for the second week in a row won the short race from the fast finishing Sasha Pearce and Sam Noden.

Results: Club Run #11 - 13th August

Intersports Bicknell's 10km: Donna Bowe 53.57 (Fastest Female), Peter Noden 40.39, Daniel Plowright 37.44 (Fastest Time), Leigh Browell 45.31, Neil Bowe 49.03.

Skidders Plaster & New China Restaurant 4km: Carol Coad 21.10, Teleah Hayes 14.47 (FT) Jayne Norton 21.48, Annette Curtis 25.53, Sophie Hawken 17.51, Will Noden 15.29, Nick Wallace 17.31, Peter Hayes 21.59, Aaron Norton 17.27, Tom Noden 15.04 (Fastest Male), Damian Pearce 16.47, Greg Hilson 16.22, Ben Wallace 23.20.

Reilly's Home Appliances 2000m: Sandy Giampietro 13.47, Sasha Pearce 9.04, Sam Noden 9.06, Maria Bryce 10.59, Yazmin Hayes 7.12 (Fastest Female), Alex Wallace 7.47, Logan Tickell 7.48, Peter Curtis Jnr 6.59, Kaitlyn Bryce 9.14, Zahra Hayes 7.33, Matt Barkla 9.20, Colin Fox 10.42, Megan Wilson 8.34, Tom Noden 6.50 (Fastest Time), Aaron Norton 7.46, Jett Pattulo 8.09, Eli Pearce 7.56, Maiya Pearce 10.11, Madison Hill 8.49, Emily Fleming 10.21, Kyle Hilson 9.02, Oscar Fox 8.41, Anthony Johns 16.19, Jemma Norton 14.15, Kai Norton 14.34.

RISES ROAD, KANGAROO FLAT – 13TH

2016

Competitors)
Peter Hayes
Matt Barkla, Sam Noden

AT ROCKY RISES

day when South Bendigo ran over the longest the season at Rocky Rises it was the women who events.

final races for the season were all out and back on with a couple of hidden hills. First race for the day combined 10km and 4km long and middle Donna Bowe was first away in the 10km and she headed breaking her estimated time by over a virtue of the mixing of the distances first home in

Bendigo Toy world 1000m: Kate Wilson 4.29,
 Megan Wilson 3.51 (Fastest Female),
 Logan Tickell 3.44 (Fastest Time),
 Asher Bowe 4.27, Chelsea Tickell 4.32,
 Sam Noden 4.23, Kai Norton 5.01,
 Thomas Fox 5.09, Levi Bowe 4.42,
 Amber Fox 5.14, Jemma Norton 5.48,
 Drake Barkla 15.00.



GLEN ALLEN MEMORIAL
PEPPERCORN PARK, LONGLEA – 20TH AUGUST 2016

(13 Club Competitors)

Raffle Donor: Club

Raffle Winners: Bowe Family, Eric Baker, Grant

15km: 1st Male - Brady Trelfall: 1st Female - Sarah Jalim:

NAME	CLUB	TIME	PLACE
Brady Trelfall	Geelong	49.22	1

Daniel Plowright	South Bendigo	57.52	8
Peter Curtis	South Bendigo	70.38	23
Kevin Shanahan	Eaglehawk	71.04	24
Lisa Wilkinson	University	71.10	25
Gregory Mundy	Invitation	71.26	26
Mark Logan	University	77.79	27
Shayne Rushan	University	79.46	28
John Roundhill	Harriers	81.19	29
Donna Bowe	South Bendigo	83.31	30

3km:

Lee McCullagh	University	10.11	1
Ben Powell	Harriers	10.20	2
Rhys Lias	South Bendigo	10.22	3
Matt Buckell	Harriers	10.56	4
Wil McCaig	University	11.09	5
Yazmin Hayes	South Bendigo	11.13	6
Luke Matthews	Harriers	11.21	7
Bridie Blake-Burrows	University	11.44	8
Zahli Drummond	Harriers	11.56	9
Luke Drummond	Harriers	12.09	10
Alexandra Liacos	Harriers	12.12	11
Maddison Hooke	Harriers	12.19	12
Leigh Browell	South Bendigo	12.19	13

Amanda Worthington	South Bendigo	14.33	26
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Colin Fox	South Bendigo	17.01	33
John Watson	Harriers	22.50	35

1500m:			
Toby McCaig	University	5.34	1
Oscar Fox	South Bendigo	5.48	2
Jayda Drummond	Harriers	6.03	3
Megan Wilson	South Bendigo	6.07	4
750m:			
Axel Drummond	Harriers	3.01	1
William Robinson	University	3.21	2
Asher Bowe	South Bendigo	3.26	3
Thomas Fox	South Bendigo	3.39	4
Amber Fox	South Bendigo	3.49	5

ATLAS ROAD, JUNORTOUN – 27TH AUGUST 2016

(54 Competitors)

Raffle Donor: Trew Family

Raffle Winner: Teleah Hayes

The South Bendigo Athletic Club held its 12th Club Run at Atlas Rd on Saturday, the course provided quick times and run away leaders, all winners claiming victory for the first time this cross country season. The shortened long distance race ran over only 5km, gave Sophie Hawken the edge to claim her first win in the long race, beating out fastest female Teleah Hayes and first year runner Matt Barkla. Daniel Plowright continued his mid-season return to be fastest on the day.

In the 3000m the backmarkers proved too strong with Club President Leigh Browell producing his best effort of the season claiming a maiden victory for 2016, running away from Aaron Norton and Yazmin Hayes. Yazmin also taking out the fastest time award ahead of Eli Pearce, claiming the fastest male.

The underage 1km race saw Yasmine Trew lead the whole distance smashing her estimated time by over half a minute, Sasha Pearce was the closest athlete to the winner finishing second over the line ahead of Kai Norton. Logan Tickell and Megan Wilson finished the race strongly claiming their respective fastest time honours.

The final race of the day, the 2000m dash had 1st year runner Colin Fox win his maiden club run at South Bendigo, taking home bragging rights, by pushing out son Oscar Fox, Alex Wallace rounded out the places in a tight finish with only 1 second between the minor places, back marker Will Noden claimed fastest time honours with Kaitlyn Bryce winning the fastest female award.

Results: Club run #12 Atlas Rd. 27th August.

Intersports Bicknell's 5km: Sophie Hawken 22.58, Teleah Hayes 18m58(Fastest Female), Matt Barkla 25.00, Damian Pearce 20.16, Neil Bowe 22.26, Lara Pearce 25.51, Greg Hilson 20.34, Daniel Plowright 18.04(Fastest Time), Donna Bowe 25.39, Peter Noden 19.32.

Skidders Plaster & New China Restaurant 3km: Leigh Browell 11.46, Aaron Norton 12.03, Yazmin Hayes 11.09(Fastest Time), Peter Hayes 15.43, Eli Pearce 11.45(Fastest Male), Ben Wallace 11.47, Jayne Norton 15.38, Amanda Worthington 14.18, Annette Curtis 18.28, Carol Coad 15.49.

Reilly's Home Appliances 2000m: Colin Fox 10.09, Oscar Fox 7.49, Alex Wallace 7.40, Leigh Browell 7.58, Nick Wallace 7.48, Peter Curtis Jnr 7.10, Maria Bryce 11.11, Jett Patullo 8.07, Will Noden 6.58(Fastest Time), Aaron Norton 7.50, Logan Tickell 8.00, Anthony Johns 15.46, Kyle Hilson 8.56, Sandy Giampietro 14.16, Madison Bryce 12.07, Sam Noden 9.49, Kaitlyn Bryce 10.10(Fastest Female), Maiya Pearce 11.51, Jemma Norton 14.18, Kai Norton DNF.

Bendigo Toy world 1000m: Yasmine Trew 5.44, Sasha Pearce 4.04, Kai Norton 4.28, Logan Tickell 3.29(Fastest Time), Asher Bowe 4.16, Megan Wilson 3.44(Fastest Girl), Kia Pearce 4.18, Chelsea Tickell 4.29, Sam Noden 4.27, Amber Fox 4.54, Jemma Norton 5.16, Kate Wilson 4.29, Levi Bowe 4.51, Jessi Terrial 5.30, Drake Barkla 13.17.



PETER HUTHNANCE BEST CLUB CONTRIBUTOR – WINTER

1987	Tony Worthington	1988	Geoff Dalrymple
1989	Greg Hilson	1990	Marion Anderson
1991	Gina Grotto & Greg Hilson	1992	Ron Nancarrow
1993	David Purdon	1994	Lyn Dixon
1995	Sandra Giampietro	1996	Ian Carmichael
1997	David Read	1998	Sandra Giampietro
2001	Rob Dixon	2002	Scott Purdon
2003	Greg Hilson	2004	Greg Hilson
2005	Sharon Whiley	2006	Joan Matheson
2007	Annette Curtis	2008	Kerry & Neil Britten
2009	Cheryl Curnick	2010	Peter Curtis Snr.
2011	Greg Hilson	2012	Celine Mountjoy
2013	Greg Hilson	2014	Greg Hilson
2015	Greg Hilson		

2016 - GREG HILSON

DIXON FAMILY ENCOURAGEMENT AWARD

2004	-	Jesse Noden	2005	-	Peter Curtis Snr.
2006	-	Annette Curtis	2007	-	Tara Goodall-Hoffman
2008	-	Demi Goodall-Hoffman	2009	-	Holly Hawke
2010	-	Deanne Hocking	2011	-	Madeleine Hawke
2012	-	Madison Bryce	2013	-	Shelby Giri
2014	-	Keely Farnell	2015	-	Kyle Hilson

2016 -MARIA BRYCE

IGA – BEST CROSS COUNTRY MALE

2007	Jesse Noden	2008	Peter Curtis Jnr.
2009	Russell Fenwick	2010	Russell Fenwick
2011	Greg Hilson	2012	Kyall Britten
2013	Kyall Britten	2014	Daniel Plowright
2015	Daniel Plowright		

2016 – PETER NODEN

IGA – BEST CROSS COUNTRY FEMALE

2007	Demi Goodall-Hoffman	2008	Mandy Worthington
2009	Mandy Worthington	2010	Teleah Hayes
2011	Sophie Hawken	2012	Sophie Hawken
2013	Teleah Hayes	2014	Yazmin Hayes
2015	Teleah Hayes		

2016 - TELEAH HAYES

RON NANCARROW PERPETUAL BEST AV WINTER ATHLETE AWARD

1996	Luke Preston	1997	Luke Preston & Robert De La Haye
1998	Amber Humphreys	1999	Michelle De La Haye
2000	No Award	2001	Clare Mc Kechnie
2002	Clare Mc Kechnie	2003	Leila Bunnett
2004	No Award	2005	No Award
2006	Jessica Rothwell	2007	Kyall Britten
2008	Kyall Britten	2009	Celine Mountjoy
2010	Zoe Boldiston	2011	Teleah Hayes
2012	Teleah Hayes	2013	Teleah Hayes
2014	Zahra Hayes	2015	Zahra Hayes

2016 - TARYN FURLETTI

Wandin Park U14 2km Cross Country 3rd Cruden Farm U14 4km Cross Country 2nd
Ballarat U14 5km Road Race 1st Bundoora U14 Allschools 2nd
Albert Park U14 3km Road race 2nd
Canberra National Cross Country U14 3km 4th (1st Victorian)
Keith Huddle 3km 1st Bendigo Harriers Invite 3km 1st
Uni Invite 3km 1st Sunday 28th August set new Centre U15 3000m record 10:42

MOST OUTSTANDING JUNIOR AWARD

1996	Alanna Oldham	1997	Michelle De La Haye
1998	Sarah Humphreys	1999	Celia Boyle
2000	Michelle De La Haye	2001	Ashlea Smith
2002	Kyle Bryant	2003	Jessie Palfreyman
2004	Jessica Rothwell	2005	No Award
2006	Jessica Rothwell	2007	No Award
2008	Demi Goodall-Hoffman	2009	Zoe Dean
2010	Teleah Hayes	2011	Teleah Hayes
2012	Zahra Hayes	2013	Zahra Hayes
2014	Teleah Hayes	2015	Yazmin Hayes

2016 - ZAHRA HAYES

SASHES



Rookie Of The Year:
Ben Wallace

Most Improved:
Sasha Pearce

Most Consistent:
Jayne Norton

DONNA TICKELL MEMORIAL 1500M – 3rd September 2016

Woodvale Recreation Reserve

Raffle Donor: Ron Nancarrow

Raffle Winner:

DONNA TICKELL MEMORIAL PREVIOUS WINNERS

1991	David Purdon	1992	David Read
1993	Ashley Williams	1994	Danielle Mc Lennan
1995	Alanna Oldham	1996	Ryan Cornell
1997	Donna Bryant	1998	Mark Chapman
1999	David Purdon	2000	Michelle De La Haye
2001	Kyall Britten	2002	Ashlea Smith
2003	Kyall Britten	2004	Gina Hilson & David Purdon
2005	Rob Scholes	2006	Keith Noden
2007	Madison Bryce	2008	Will Noden
2009	Yazmin Hayes	2010	Bree Heiden
2011	Keely Trew	2012	Lisa Minchin
2013	Maria Bryce	2014	Madison Hill & Emily Patterson
2015	Jett Patullo		

2016 WINNER -

DONNA TICKELL MEMORIAL 1500 METRES

Club Member Donna Tickell was killed whilst riding her bike home from school, near Newstead.

This event was set up by the club to remember a youngster who was a willing helper and competitor with the club during the Cross Country season.

DONNA LEE TICKELL
13.9.75 TO 10-05-90
Tragically killed at age 14 years.

A much loved, and loving family person, who enjoyed life to the fullest. An unselfish girl who wished the best for everyone else. Her zest for life is well remembered by those who had the fortune to have known Donna.

Her sporting attitude, was a lesson many could well adopt. No complaints, or regrets, just get on with the job. Her "cheeky" (tom boyish) manner, oozing personality, was an infectious one, which left one feeling good about yourself and proud to be in her company. Not the fastest athlete around at the time, but an ambassador for her peers, a credit to herself and her family. Every so often a person of outstanding credential comes along. Donna WAS one of those people.

A great mate for her brother Lucas who wears a picture of his late sister tattooed proudly on his chest. Their 'scraps' left many mystified.

Donna was a willing, energetic worker for the Club, helping in any way she could. A terrific club mate, who was always on the sidelines, to offer encouragement and praise to fellow athletes.

By Ronald Nancarrow

Another Cross Country season has come to a close.

This season our numbers were:

In the Under 10's we had 34 runners. Short Distance 65 runners.

Middle Distance 52 runners. Long Distance 22 runners.

THANKYOU

Thankyou's go to many members and families who helped throughout the season.

Greg and Kyle Hilson for marking all the courses and for setting up our tents.

To all timekeepers and starters. Peter Barrett, Maria Bryce, Tony Worthington and everyone else who assisted lining up runners at the start and finish giving out place numbers.

Peter Curtis Jnr. and Caitlyn for all handicapping. (Dont think we had any complaints).

President Leigh Browell for all his hard work in organising prizes for Invitation and other major events as well as all the chocolates for our " smiley face" lucky winners.

Amanda and Marg Worthington, Caitlyn for writing ribbons and tickets each week.

Peter Curtis Snr. for getting everyone hydrated with his continuous boiling of the kettles for cups of tea, coffee and milo. A difficult but great job by him.

To all our sponsors and raffle donors. Without them we wouldnt have had a successful season as we have.

To everyone who helped in canteen, selling raffle tickets, turn around guys, entry takers, soup makers and everyone else to make this club a success it is.

To those who took those photos of us all in pain as we run along, and also to the paper reports in which this book is made a lot easier to put together.

And lastly to everyone who turned up each week to have a run, through all the pain whether finishing first, last or in between, hope your season was enjoyable and hope to see you all again next year.

