



SBAC NEWSLETTER

WEEKLY UPDATE

FEB 20TH, 2024

VOLUME 18

AVSL ROUND 12 RESULTS

400+ Scorers:

- Joan Self - Discus - 18.35m - 429 points
- Carol Coad - Discus - 18.32m - 407 points
- Jasper Seymour - Discus - 44.18m - 483 points
- Kai Norton - Discus - 43.11m - 476 points
- Cassidy Miller - Discus - 26.88m - 405 points
- Jayne Norton - Discus - 26.61m - 424 points
- Jasper Seymour - Hammer - 41.22m - 455 points
- Jemma Norton - Hammer - 30.90m - 400 points
- Carol Coad - Hammer - 23.03m - 410 points
- Rhys Hansen - High Jump - 1.73m - 442 points
- Kai Norton - High Jump - 1.68m - 419 points
- Mia Schodde - High Jump - 1.43m - 401 points
- Mia Schodde - Long Jump - 4.61m - 452 points
- Rhys Hansen - Long Jump - 5.70m - 436 points
- Mia Schodde - 200m - 28.56 - 427 points
- Oliver Muggleton - 200m - 22.86 - 428 points
- Rhys Hansen - 200m - 25.11 - 401 points
- Charlie Sullivan - 200m - 25.68 - 425 points

Most Valuable Athletes for Round 12:

- Mia Schodde - 1,352 points
- Rhys Hansen - 1,279 points
- Carol Coad - 1,192 points

PB or SBs for masters for Rd 12:

- Jordyn Lewis - 200m - 30.55
- John Justice - 200m - 40.16
- John Justice - 800m - 3.58:60
- Shane Miller - 200m - 29.97

**AVSL LADDER FINAL RESULT WILL BE PUBLISHED IN
NEXT WEEK'S NEWSLETTER.**

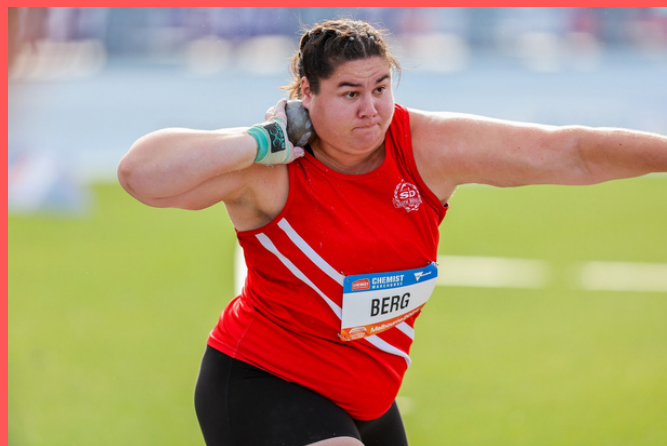
A big thank you to all Athletes that contributed to club's points. While AVSL has finished Track and Field competition is just starting to heat up with State and National Championships looming.

**NON-AVSL ROUND - PROGRAM 1
SAT 24TH FEB - STARTS 1.30PM**

Entry link via club website
<https://www.southbendigoac.au/track-field>

CONGRATULATIONS "EMMA BERG"!

Winner of Invitational Shot put at the World Continental Bronze meet with a Throw of 16.54m



VICTORIAN TRACK & FIELD CHAMPIONSHIPS

Good luck to following SBAC Athletes competing over the next 2 weekends:

- **Emma Berg** - Shot Put - Open
- **Amber Fox** - Discus, Shot put & Javelin - U18
- **Tyler Fynch** - 1500m & 3000m - U15
- **Rhys Hanson** - Pole Vault - U17
- **Jake Hilson** - 800m & 1500m - Open
- **Jordyn Lewis** - Pole Vault - U14
- **Oliver Muggleton** - 200m - Open
- **Genevieve Nihill** - 800m & 1500m - U18
- **Jemma Norton** - Hammer Throw - U20
- **Kai Norton** - 100m, 200m, Discus, Hammer, High Jump, Javelin & Shot put - U16
- **Emma Orme** - Pole Vault - U18
- **Mia Schodde** - 100m, High Jump & Long Jump - U14
- **Jasper Seymour** - Shot put & Discus - U16
- **Charlie Sullivan** - 100m & 200m - U15
- **Chelsea Tickell** - 800m & 1500m - U16
- **Connor Wilson** - Shot put - U16