



SBAC NEWSLETTER

WEEKLY UPDATE

MAR 5TH, 2024

VOLUME 20

2024 VIC CHAMPS WRAP UP!

Outstanding performances from all athletes!
Heaps of finalists and PBs over the 2 weekends.

Total medal tally for club athletes:-

9 Gold  2 Silver  3 Bronze !

Results for Weekend 2:

- Genevieve Nihill - 800m 2:17.42 (5th); 2:19.06 (P)
- Amber Fox - Discus - 34.32m (4th)
- Amber Fox - Javelin - 23.22m (6th)
- Emma Orme - Pole Vault - 2.80m (4th)
- Chelsea Tickell - 800m - 2:15.50 (1st) 
- Jordyn Lewis - Pole Vault - 2.70m (1st) 
- Oliver Muggleton - 200m - 22.87(S); 22.78 (P)
- Rhys Hansen - Pole Vault - 4.00m (4th)
- Kai Norton - 200m - 24.87 (P)
- Kai Norton - Discus - 50.42m (1st) 
- Jasper Seymour - Discus - 47.84m (3rd) 
- Kai Norton - Javelin - 42.39m (1st) 
- Charlie Sullivan - 200m - 25.15 (7th); 25.23 (P)
- Tyler Fynch - 3000m - 9:17.87 (2nd) 

(P) = Prelim

(S) = Semi-final

A BIG SHOUT OUT &
THANK YOU!
TO ALL THE PARENTS &
FAMILY MEMBERS THAT
SUPPORT THEIR ATHLETES TO
ENABLE THEM ACHIEVE THEIR
GOALS!

SAT 16TH MARCH - STARTS 1.30PM NON-AVSL ROUND 7 - PROGRAM 1

Entry link via club website
<https://www.southbendigoac.au/track-field>

SBAC CLUB TRACK & FIELD END OF SEASON

PRESENTATIONS, NIBBLES & DRINKS

At the conclusion of competition please stay for some nibbles where we will present club aggregate awards for age groups & some specials awards.



NON AVSL ROUND 6 RESULTS

PB or SBs for masters:

- Jake Hilson - 800m - 1:58.05
- Mia Schodde - Long Jump - 4.78m
- Peta Dawe - Discus - 17.02m
- Cassidy Miller - Hammer - 21.23m (Round 12)

RECORD ALERT

60+ Womens Medley Relay Team
(Annette Curtis, Joan Self, Peta Dawe & Carol Coad)
Bendigo Record