



# SBAC NEWSLETTER




## WEEKLY UPDATE

DEC 13TH 2023

VOLUME 13

### 2023 AUST ALL SCHOOLS ALL WRAPPED UP!

Congratulations PBs all around and medalists!! Plus the opportunity to meet Olympic Champion Gold Medalist Nina Kennedy & World Bronze Medalist Kurtis Marschall. Amazing results from all SBAC athletes:

- Connor Wilson - U15 Shot put - 16.32 PB - 3rd 
- Jasper Seymour - U15 Shot put - 14.08 PB - 5th
- Emma Orme - U17 Pole Vault - 3.20 PB - 1st 
- Rhys Hansen - U16 Pole Vault - 3.80 PB - 2nd 
- Jasper Seymour - U15 Discus - 45.79 PB - 6th
- Jordyn Lewis - U14 Pole Vault - 2.05 PB - 7th



### AVSL Round 7

Sat 16th December

Starts 1.30pm, Prog 1 - NITRO ROUND

Entries close 8pm Thurs link -

<https://www.athleticsbendigo.org.au/events/2023-24-athletics-bendigo-avsl-round-7-16-dec-2023/>

Bring your Christmas cheer. Club is providing some drinks and nibbles at club table.

### NON-AVSL ROUND 3 RESULTS

RECORD ALERT!!

Tyler Fynch - 1 mile - 4:54.31 (Bendigo U14 Record)

**PBs (SBs for masters):**

- Tyler Fynch - 1 mile - 4:54.31
- Joan Self - Triple Jump - 7.91m

### VIC. COMBINED EVENT CHAMPS

Saturday 6th - Sunday 7th January 2024

**Location:** Lakeside Stadium

**Entries Close:** Midday, Monday 18th December 2023

**Entry link:**

<https://members.athsvic.org.au/events/213652/>

**Draft Timetable:**

<https://athsvic.wpenginepowered.com/wp-content/uploads/2023/11/Timetable-Combined-Events-2024-DRAFT.pdf>

**\*Please note that there will be club duties if club has athletes competing, and those duties may be passed on to families of competing athletes.**